

Houston ISD School Health Advisory Council (SHAC) Meeting Minutes			
Location:	Virtual Meeting – Microsoft Teams		
Date:	January 10, 2023		
Time:	5:30PM – 7:30 PM		
Attendance:	Parents	Community	District
	Julie Economides Beverly Marlin Jenny Moreno Michelle Sacks Mindy Wilson	Thecia Jenkins Dominique Patterson John Reyes Anne Van Horn	Felicia Ceaser-White Paula Ceaser Nan Cramer Cara Grossman Chante Hale Francina Hollingsworth Angela Rubio
Guest(s):			
Meeting Call to Order	Time: 5:35 pm	By Whom: Michelle Sacks	

Minutes:

Michelle Sacks called the meeting to order at 5:35 pm and members introduced themselves. Minutes were read and Beverly Marlin made a motion to approve, and Cara Grossman seconded the motion.

School Safety Update:

No member of HISD Police or Houston Police was present. Michelle reported that HISD Police would be assigning a new member to represent them on the SHAC. They will be joining at the February meeting.

Health Textbook Approval:

Felicia Ceaser-White encouraged members to review the textbook information and complete the survey by the end of the week so final recommendations can be sent to the board for their February meeting.

Social Media Update:

Jenny Moreno reminded members to send items to post and acknowledged a post requested by Nan Cramer. Felicia shared an image of a new pop-up banner to be used at school and community events to promote SHAC and encourage others to join. Tablecloths will also be available for events.

Nutrition Services Update:

Nan Cramer reported that the farmers market on December 2nd at Hattie Mae White building was successful and that it included produce from Mykawa Farm as well as BT Washington HS hydroponic greens. One of the HISD dietitians will be offering nutrition classes for Athletes. Nan also shared information about the Fresh Fruit and Vegetable program which is a federal program that provides fresh fruit and vegetable snacks to students during the school day. The purpose of the program is to introduce new fruits and vegetables to students as well as increase their consumption. 85 HISD elementary school participate in the program. A holiday cookbook was developed by the Food and Agriculture Literacy Chef Brittany and a link will be posted to SHAC social media. Chef Brittany also is producing cooking demonstration videos called HISD Café and Nan will share links to them for social media posting.

Health and Medical Services Update:

Chante Hale had difficulty with her audio and could not present. Felicia Ceaser-White reported that immunizations have improved over last year. They are working on screenings for vision, hearing, etc. and that nurses attended a training from Advocates for Youth on discussing sensitive topics with students.

Social and Emotional Learning Update:

Bea Marquez was not on the call, but she will send a report of activities.

Equity and Outreach/Family and Community Engagement Update:

No representative was on the call, but Felicia reported that a Parent Expo is scheduled for February 4th at Hattie Mae White building from 8 am to noon.

Employee Wellness Update:

A new Employee Wellness Team has been formed and they will recommend new programs and incentives for employee wellness outreach.

Health and Physical Activity Update:

Felicia and her team presented at the Texas Association for Health, Physical Education, Recreation and Dance (TAHPERD) conference in December. They will repeat their presentations and the TAHPERD summer conference and again next December. HEP did their student led campaign project training back in November with advocates for youth. They granted all 10 grantees with \$1000 scholarship for their student led campaign projects. Health teachers, physical education teachers in our school, nurses are working together to facilitate the student's campaigns and give them guidance.

Alliance for a Healthier Generation has opened the 2023 America's Healthiest School Award. Application information went out to teachers today. Past awards went to Red Elementary, Madison High School and Rusk Academy. Felicia's team is progressing on the school classroom visits and they have visited about 52% of schools so far (111 campuses). Felicia announced that she is the new SHAPE America Southern District President.

Community Sharing:

John Reyes announced the February is Teen Dating Violence Prevention Month. Victims of Domestic Abuse has presentations on teen dating violence, and he has been busy giving presentations.

Parent, Mindy Wilson, asked for assistance with a matter at Black Middle School and the members offered suggestions.

Michelle Sacks shared that Houston Area Woman's Center (HAWC) has a staff person working on the east side of Houston. She is currently working with a group of girls at Edison Middle School through primary prevention. HAWC is also setting up a hub at the St. Austin Center on the eastside. Another staff works in the Sunnyside community with various parent and student groups.

Program Review:

Review that was scheduled for March 8 will need to be rescheduled. The new date will be shared when it is determined.

Felicia requested the parent members to considered volunteering for the parent co-chair on the SHAC.

The meeting adjourned at 6:42 pm through a motion by Angela Rubio and a second by Beverly Marlin.