

Houston ISD School Health Advisory Council (SHAC) Meeting Minutes			
Location:	Virtual Meeting – Microsoft Teams		
Date:	February 2, 2023		
Time:	5:30PM – 7:30 PM		
Attendance:	<b>Parents</b> Jenny Moreno Michele Sacks	<b>Community</b> Precious Anunobi Kim Lopez Bola Ositelu Anne Van Horn	<b>District</b> Truest Bradley Felicia Ceaser-White Paula Ceaser Nan Cramer Chantee Hale Olga Hernandez Francina Hollingsworth Bea Marquez Angela Rubio Lisa Schneider Delia Thibodeaux Gregory Thompson
Guest(s):			
Meeting Call to Order	Time: 5:35 pm	By Whom: Michelle Sacks	

**Minutes:** Michell Sacks called the meeting to order and called on members to introduce themselves. Minutes were reviewed and approved through a motion by Francina Hollingsworth and seconded by Angela Rubio.

**School Safety Update:** Officer Mott from HPD and Office Simmons from HISD PD are not on the call. Michelle Sacks announced that February is Teen Dating Violence Awareness Month. Michelle introduced fellow Houston Area Women’s Center (HAWC) staff member, Bola Ositelu who works with the eastside neighborhoods, Milby High School and Edison Middle School. Michelle said HAWC also has a staff member working in the Sunnyside neighborhood. Felicia Ceaser-White will share the contact of the health teacher at Milby HS.

**SHAC Approval for Final Textbook Resources:** Felicia thanked everyone who participated in the review of the textbooks. She will be putting together a final report to send to the board in March.

**Social Media Update:** Jenny Moreno discussed the SHAC logos that are being finalized. They will go on tablecloths, banners and fliers and they will also be purchasing a retractable banner. Felicia reported that on Saturday, her team will attend the Parent Expo and set up a vendor table to recruit parents for the SHAC. Felicia will send out a virtual vote for the logo options.

**Nutrition Services Update:** Nan Cramer reported that USDA Deputy Under Secretary, Stacey Dean, visited Nutrition Services on Monday. They presented the beyond the plate program (nutrition, culinary and agriculture education) and showed a virtual tour of Mykawa Farm. Afterwards there was roundtable discussion about food access and child nutrition programs. Participants in the discussion included Houston area leaders in the area of food insecurity and child hunger. The next farmers market will be on Friday, June 2<sup>nd</sup> at Hattie Mae White.

**Health and Medical Services Update:** Chantee Hale reported that HISD is working on bringing telehealth services to students and parents to access after school hours. On February 23<sup>rd</sup>, Advocates for Youth will be conducting a train-the-trainer for nurses.

**Social and Emotional Learning Update:** Bea Marquez reported Social and Emotional Learning (SEL) had 2013 interactions at 258 campuses and provided 3,000 hours of support. They have 166.5 hours of documented SEL trainings on topics such as restorative practices, integrating SEL in academics. The trainings are through faculty meetings and Professional Learning Communities (PLCs). Bea reported that Dr. Scott has resigned.

**Equity and Outreach/Family and Community Engagement Update:** Olga Hernandez discussed the Parent Expo on February 3<sup>rd</sup> and so far, 525 parents have registered. HISD has 150 parent organizations and some workshops at the Expo will focus on PTOs. Thirty vendors will provide information on resources.

**Employee Wellness Update:** Felicia reported that the wellness team met last month. They discussed hosting trainings, providing videos on fitness and yoga. There will be a district walking challenge and Friday events for Hattie Mae White staff. The plan is to get this programming into schools and other departments too.

**Health and Physical Education Update:** Francina Hollingsworth reported that several schools are working on student led campaigns with the help of Advocates for Youth training - \$1,000 will be provided to each campus selected. Madison High School will sponsor a student health fair. Milby High School will be doing an orange out day this month in recognition of Teen Dating Violence Month. Truest Bradley discussed the CDC Youth Risk Behavior Survey (YRBS). There will be a training for teachers on Tuesday to introduce them or refresh them on the survey. The survey is anonymous, so it does not trace back to the student, teacher, and classroom. Results will assist in knowing how to best support students. 2023 YRBS Trend data will be looking for significant changes in student behaviors overtime. During the week of February 20-24, CDC will be visiting the district. They will be looking at SEL programs and the sensory room at Tijerina Elementary, Yoga/Mindfulness Program at Piney Point Elementary and School Based Health Clinic at Worthing High School. HPE will be hosting a professional development series called the Wellness Circle that focuses on Adult Self -Care. The book club continues, and the featured book is “When are We Going to Teach Health”, written by the CEO and founder of CATCH, Duncan Van Dusen. Felicia reported an in-person HPE training for K-12 teachers that will be on February 20<sup>th</sup> at Furr HS.

**Announcements:** Paula Ceaser announced that Madison HS will hold a health fair for students on April 12<sup>th</sup> from 10:50 am to 12:40 pm. Greg Thompson announced a health fair at R. Martinez ES on February 22<sup>nd</sup>. The school has also formed a wellness team on campus. Michelle Sacks announced that Milby HS will be hosting a student-led immigration workshop on March 25<sup>th</sup>. The next SHAC Program Review will be on April 18. SHAC members should arrive by 8:45 am for the 9 am meeting. Greg Thompson nominated by his colleagues as Houston Alliance for Black School Educators Teacher of the Year. HISD Superintendent House and Mayor Turner will attend a Banquet on February 9.

Kim Lopez made a motion to end the meeting at 6:31pm. Francina Hollingsworth seconded it.

Agenda Details		
	Topic	Presenter(s):
	<ul style="list-style-type: none"> <li>All Kids Bike and The Ryan Dungey Foundation – Kindergarten Bike Donation</li> </ul>	
	<b>Community/Parent Sharing Opportunity</b>	
	<b>Announcements/Reflections/Closure</b>	SHAC Member(s)

Action Items	
Topic (s)	Person Responsible

2022-2023 Meeting Dates				
Day	Date	Type of Meeting	Time	Meeting Link
<b>Thursday</b>	September 1, 2022	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	October 6, 2022	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Wednesday</b>	October 19, 2022	Program Review	9am-12 pm	Cancelled
<b>Thursday</b>	November 3, 2022	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	December 1, 2022	General	5:30 p.m.- 7:30 p.m.	<u>Cancelled</u>
<b>Tuesday</b>	January 10, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	February 2, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	March 2, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>*Wednesday</b>	TBA	Program Review	9am-12 pm.	TBA
<b>Thursday</b>	April 6, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	May 4, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Thursday</b>	June 1, 2023	General	5:30 p.m.- 7:30 p.m.	<a href="#">TEAMS</a>
<b>Wednesday</b>	June 7, 2023	Program Review	9am-12 pm	TBA