



# Counselor's News

December 2022

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## Upcoming Events

- Monthly Counseling  
Topic: Conflict Resolution & Peer Mediation
- Dec. 16th Coffee with the Principal



## HISD Magnet Programs

- Applications Phase 1  
Dec 14th-Feb 2nd
- School Counselor will be available the following days & times if parents need assistance.

Dec 19th & 20th

7:30 am-9:00 am

3:15 pm-4:00 pm

Counseling Services  
send a SAF



## Character Trait: Trustworthiness includes honesty, reliability, punctuality, & loyalty

Children need to learn the consequences of being honest. When your child is deciding to be honest or not, encourage him or her to stop and **THINK** and ask him or her if the words are: True, Honest, Inspiring, Nice or Kind. Here are a few ways you can help your child value honesty and choose to be honest:

- Model being honest with your child. By being honest with your child at an age appropriate level, you will show him or her that you value and practice honesty.
- When your child does say something that is dishonest, work together to determine the consequence of that dishonesty and how being honest would have changed the outcome of the situation.

-ReThinkEd

## Parenting Tips: Making Memories

- Include your child in housework. Children love to be helpers, and it's a great way to get them ready for chores!
- Make a family calendar, to teach children about days of the week, important holidays, [family birthdays, and organizational skills.]
- It is easier to give your child your full attention if you are not distracted.
- Take time to be outside. Being in nature can help relieve stress and improve health for every member of the family.
- Eat meals together.
- Kids grow up fast. Remember to enjoy all the moments.

-Strong Texas Families  
2022 Parenting Tips Calendar