



Lamar High School

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

Rita Graves
PRINCIPAL

Roxanne van Ravenswaay
COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter

STAY CONNECTED

Website: www.lamarhs.org

Email: lamarhstexanshisd@gmail.com

Twitter: @Lamarhs

Instagram: lamartexans

Students' Instagram: viewfromthelhsbalcony

Principal's Corner



Personal Graduation Plan

All students in Texas Public Schools must have a Personal Graduation Plan (PGP) on file as a graduation requirement. This document is initiated in grade 9 and is used for course planning. All students have updated their student survey this fall. You should receive a district generated email when your student's PGP has been approved. Please follow the attached directions to acknowledge this document. You may have done this in the past; however, HISD has put the form in School Links this year. Here are the instructions we received from the district for guardians to approve the PGPs:

How to Review & Approve Student Personalized Plan

(guardian guide)

This step-by-step guide will walk guardians through the process of reviewing and approving their student's personalized plan. [Watch a video tutorial here!](#)

To get started, log into your SchoolLinks guardian account

- Click on the My Students tab at the top of the guardian dashboard and select your student from the list
- Click to expand the Caselle section drop-down menu
- Select Personalized Plans
- View the following:
 - Student submission date
 - Guardian approval date
 - Counselor approval status
- Click Review Plan to view plan details
- Scroll through to review each component of the plan
- Leave a comment if you wish to request a change to your student's personalized plan
- Sign your name and select Approve to approve your student's plan

Highlighted Events

Thu. Feb 20th: ~~POSTPONED~~-Junior Parent Meeting 6:00PM (Grand Hall)

Sat. Feb 22nd: LHS Fest (Seniors only) 6:30-10:00PM (Fields)

Thu. Feb 27th: SDMC 7:30AM (Alumni Center)

Shout Outs

Ms. Scholz



Huge congrats to Ms. Scholz for winning CTE Teacher of the Month! Ms. Scholz promotes high student engagement, hands-on activities, and much more. Your commitment to excellence and passion for educating the next generation is truly inspiring. Keep up the amazing work!

Cole Monsour

Upcoming Events

Thu. Feb 20th:

- Robotics @ Contest 2:30-8:00PM
- Varsity Boys Golf @ Concan
- POSTPONED** Junior Parent Meeting 6:00PM (Grand Hall)
- Varsity Baseball @ Katy Tournament
- JV Baseball @ Oak Ridge Tournament
- Sophomore Baseball @ Spring Tournament
- Developing Girls Golf @ River Trace
- Varsity Girls Soccer vs Wisdom 6:00PM (Fields)
- Varsity Boys Soccer vs Wisdom 7:45PM (Fields)

Fri. Feb 21st:

- End of Cycle 4
- Tennis @ Chancellors
- Swim @ State (Austin)
- Varsity Boys Golf @ Concan
- Varsity Baseball @ Katy Tournament
- JV Baseball @ Oak Ridge



Congratulations to Cole Monsour for being the 2025 Houston Touchdown Club Scholar Athlete of the Year Award Winner!!!

Varsity Boys Basketball



Congratulations to the Boys Basketball team for defeating Cy Creek in the first round of playoffs. Cheer on the team as they take on Seven Lakes High School Friday February 21st 7:30 pm at Wheeler Fieldhouse in Fort Bend.

Boys Swim and Team to State



Congratulations to the Boys Swim and Dive as they head out to State Championships in Austin. We are proud of your success and accomplishments. Best wishes this weekend!

POSTPONED- Junior Parent Meeting



- Tournament
- Sophomore
- Baseball @ Spring Tournament
- Varsity Girls Soccer vs Chavez 4:30PM (Barnett)
- Rugby vs Cathedral 6:00PM (Field)
- Boys Basketball @ Round 2 Playoffs @ Seven Lakes 7:30PM
- Track @ Hightower 7:00-7:00
- Debate @ Clear Falls 2:00-9:45PM

Sat. Feb 22nd:

- LHS Fest 6:30-10:00PM (Fields)
- West Houston Teen Summit 7:30-3:00 (away)
- Swim @ State (Austin)
- Varsity Boys Golf @ Concan
- Varsity Baseball @ Katy Tournament
- JV Baseball @ Oak Ridge Tournament
- Sophomore Baseball @ Spring Tournament
- JV B Boys Soccer @ Milby 2:00PM
- JV A Boys Soccer @ Heights 2:00PM
- JV Girls Soccer @ Heights 12:00PM
- Visual Arts @ VASE Competition
- Band @ UIL S & E West Zone (Morton Ranch)
- Dance @ Willis HS 5:30AM-10:00PM

Mon. Feb 24th:

National Honor Society

Invitations to apply to the National Honor Society at Lamar High School were emailed to eligible students this week (please see below for requirements to join NHS). Students who are invited to apply for membership must complete and submit the application and essay by Thursday, March 6th, to be considered for membership.

Please check your email for updates from the NHS Faculty Sponsors, Mr. Toscano and Ms. Watson. Additional information about the National Honor Society at Lamar can be found below and on the Lamar Website.

What are the requirements of being a member of the National Honor Society?

Members with grade point averages equal to or above 3.7 will undergo holistic review and be admitted based on outstanding scholarship, service, leadership, and character, which is exemplified by your application essay, extracurricular participation, and community service. You must also not have any conduct grades of a "P" or lower.

As an NHS member, what will I be expected to do?

Members of Lamar's National Honor Society include some of Lamar's finest scholars, leaders, and role models. In order to remain eligible as a member, you will be expected to complete 12 hours of community service each semester and attend bimonthly meetings, held before, during, or after school. In addition, members must maintain a consistent GPA of 3.7 or above and receive a conduct grade no lower than satisfactory.

We are excited to welcome a new class of students to the National Honor Society!

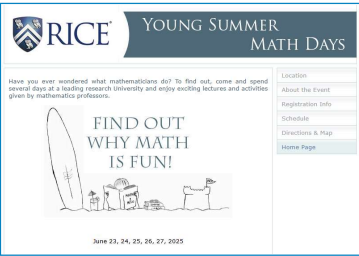
The application is due Thursday, March 6th at 11:59 PM. For any questions contact Mr. Toscano in 11B or Ms. Watson in 11A.

Go Texan Day



Giddy up, get ready for Go Texan Day next Friday! Swing by the Athletic Lobby at lunch Monday-Thursday to snag your tickets and support the FFA! Friday tickets are on sale in the Transit Center. Buy your tickets early to avoid long lines.

Math Summer Camp



The Young Summer Math Days is a fun and educational program for all high school students entering grades 10-11 in the Fall of 2025. The idea is to introduce the students to a variety of interesting topics in mathematics, like mathematics in art, mathematics in car racing, mathematical modeling in biology, mathematical analysis, parallel computing, toys and mathematics etc. A number of dedicated faculty and graduate students in the departments of Computational Applied Mathematics and Operations Research have enthusiastically agreed to give lectures and hands-on workshops on these and other topics. The program is free but students have to apply to be enrolled in the program. The application is available on the website and [here](#).

LimitLess

- JV Boys Golf @ Clear Creek
- Tue. Feb 25th:
- JV Girls Golf @ Clear Creek
- Varsity Girls Softball vs Westside 5:00PM (Delmar)
- JV Softball @ Almeta Crawford HS (4:30PM)

Wed. Feb 26th:

- Cap and Gown Sales 11:45AM (12th Grade Hall)
- Letterman Jackets Orders 11:45AM (Grand Hall)
- Varsity Girls Soccer vs Heights 5:30PM (Fields)
- Varsity Boys Soccer vs Heights 7:30PM (Fields)
- JV Softball vs Heights A 5:00PM (Fields)

Thu. Feb 27th:

- SDMC 7:30AM
- JV Girls Soccer @ Ridge Point 6:00PM
- JV Softball @ CCISD Tournament
- Varsity Baseball @ Klein Tournament
- JV Baseball @ Humble Tournament
- Sophomore Baseball @ Katy Tournament

Fri. Feb 28th:

- Go Texan Day (LHS)
- Fun Food Friday 11:45 AM
- Varsity Girls Golf @ Eagle Point
- JV A Girls Soccer @ Galena Park
- Varsity Baseball @ Klein Tournament

LIMITLESS
Come move with us!!
Be active and have fun!
Feb 23rd
2pm-2:45
SIGN UP IS FREE!

INFO

Hey there! My name is Ava Gallagher. I am a sophomore at LAMAR HIGH SCHOOL. I'm excited to introduce LimitLess, a new workout program I designed for students with disabilities. As a member of the Best Buddies Club, I've had the chance to get to know these amazing kids, and it brings me joy to see them everyday.

Unfortunately, a lot of them don't have opportunities to get up and move during the school day, which is why I want to offer them a chance to be more active and have fun outside the classroom. With me and other volunteers working together, LimitLess will provide a space for them to work out, move around, and just enjoy being active in a way that's inclusive and supportive.

My goal is to help your sons and daughters build confidence, stay healthy, and feel like they can do anything--no limits!

Questions?
Email: avgallagher09@icloud.com

Where?
Avenu Fit.
6211 Edloe St,
Houston, TX
77005

UPCOMING DATES!
January 26th
February 23rd
March 23rd
April 27th

She Builds Houston



#SHE *builds* Houston



A hands-on construction career exploration event.



CCMR has an exciting opportunity for 11th & 12th Grade Girls!

This event is designed to **introduce young women to careers in the construction trades industry**, inclusive of [2-year, 4-year, or no degree].

CCMR Business Partnership in collaboration with **Construction Career Collaborative (C3)** invites (1,900) **11-12th-grade girls** to a **hands-on construction industry** event! Participants will **engage with women professionals in the industry**, operate **tools**, and **interact with building materials**, in a safe, impactful environment.

Event Highlights:

Diverse Career Paths – Opportunities in [HR, IT, Architecture, Construction Technology and Management, Engineering, Accounting, Craft Skills, Manufacturing, and more].

Leadership & Entrepreneurship – Great for students interested in [business, management, and entrepreneurship].

Women in Industry – Women-owned companies will be actively engaging in break-out sessions providing **career insights**.

Hands-On Engagement - Interactive activities & vendor showcases

More Info: [She Builds Houston Event](#)

Event Details:

Date: April 3, 2025

Location: Delmar Stadium

Transportation: Provided by CCMR (30 students min. to trigger a bus request)

Lunch: Campus is responsible for contacting **HISD Nutritional Services** for student lunches

Division Approval: Required (Campuses are responsible for permission slips and division approval)

Target Audience: 11-12th-grade girls **exploring careers** (including 2 or 4-year degrees)

⌚ **AM Session (9:30-11:30):** North & Central Campuses

⌚ **PM Session (12:00-2:00):** West & South Campuses

REGISTRATION LINK: https://forms.office.com/pages/responsepage.aspx?id=Zpnr9TaTM0uIJZmCQIsT7XIGKi_PahRMnQoZSozvoWJURDgWWDDBTSzFEQVoyU1Q2S1A2N0dWV0dQSS4u&route=shorturl

Deadline: February 28, 2025

SPRING 2025 Final Exam Exemptions

Final-ly!

Students in grades 9-11 will be able to earn exemptions from final exams – High School Course exemptions or College-level Course exemptions.

Final Exam Exemptions – All High School Courses

To incentivize the daily attendance rate, eligible grade 9 students may be allowed one spring final exam exemption; two spring final exam exemptions may be allowed for eligible 10th and 11th graders. Eligible students are those with:

- no more than three (3) absences in any one course for the duration of the semester;
- an S or E in conduct; and

- JV Baseball @ Humble Tournament
- Sophomore Baseball @ Katy Tournament
- College Readiness @ Sam Houston State 8:30-3:00
- Rugby vs Cathedral 6:00PM (Field)
- Track @ Beaumont United HS 9:15AM-6:00PM

Sat. Mar 1st:

- Varsity Baseball @ Klein Tournament
- JV Baseball @ Humble Tournament
- Sophomore Baseball @ Katy Tournament
- Varsity Girls Golf @ Eagle Point
- Color Guard Contest @ Clear Creek 7:00-7:00
- JV Softball @ CCISD Tournament
- Varsity Softball vs Wisdom 10:00AM (Butler)
- JV A Boys Soccer @ Bellaire 12:00PM
- JV Boys Soccer vs Bellaire 10:00AM (Fields)

- must have an 85 or higher semester average in the specific course(s) where the final exam exemption is applied.

Final Exam Exemptions for College-Level Courses

Schools may, under the following conditions, exempt students in grades 9 -12 from a final exam in college-level courses, defined as IB SL or HL or Advanced Placement (AP):

- if the student takes the AP or IB exam for the assigned course;
- an S or E in conduct; and
- a course average of 85 or better in the specific course(s) where the final exam exemption is applied.

11th and 12th grade students in IB courses must submit all IB assessments, sit for IB exams in May, and participate in all oral assessments. To be exempt from finals in 11th and 12th grade IB courses, students must also have all IB assessments complete.

Yearbook

See below for information regarding the yearbook. Feel free to reach out with any questions. Enjoy your Winter Break!

How to Order a Yearbook?

www.yearbookordercenter.com

School Code -25147

Yearbook Price

Fall Price - \$75 (October 1st- December 31st)

Spring Price - \$85 (January 1st- March 31st)

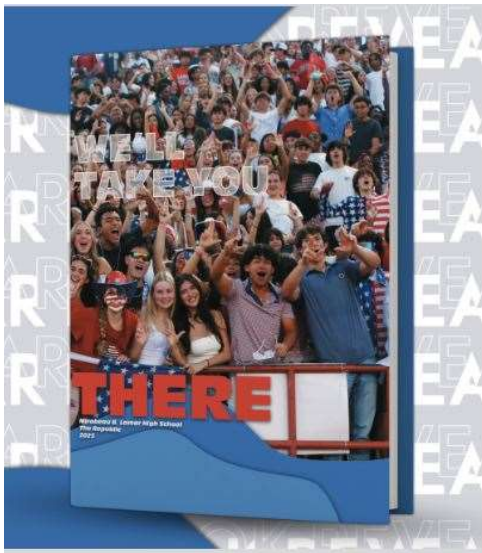
Last Chance - \$100 (April 1st - June 3rs)

*** We sold out the last two years., so do not delay. Lock in the cheapest price now.*

Yearbook 2025 Cover/Theme Reveal

We'll Take you There!

The Yearbook staff is excited for you all to see our cover for this year's book and to take you there all across Lamar. Our book is bigger and better than ever! Buy it now at its cheapest price and before they are all sold out.



Sports/Event Pictures

Be sure to bookmark www.tinyurl.com/lamarphotos

We add photo galleries throughout the year of all Lamar sports games, concerts, theatre plays, and school activities.

Students and parents have free access to download and share these photos.

IB College Fair

FIELD TRIP OPPORTUNITY!

2025 TEXAS IB SCHOOLS COLLEGE FAIR

Learn more about how to use IB in the application process AND hear about scholarship opportunities!

LEAVE LAMAR @ 7:30 AM April 3, 2025

Hurst, TX Conference Center

Must be an 11th grader currently in TOK! email Ms. Hicks to sign up! Shelby.Hicks@houstonisd.org

IB Diploma Candidates are invited to attend the Texas IB Schools College Fair on April 3, 2025. More than 100 colleges will have admissions representatives onsite that know and understand the value of an IB Education and the IB Diploma. You will get the opportunity to explore your options for schools in Texas, schools in other parts of the United States and schools outside of the U.S.

- This opportunity is open to 11th grade students:
- Student must currently be seated in Theory of Knowledge with a passing grade; and
 - Student must be on track to earn the IB Diploma (scheduled for 3HL and 3SL courses); and
 - Student must have a clean discipline record.

Please email Shelby Hicks to RSVP- Shelby.Hicks@houstonisd.org

IB Testing

save the date

IB TESTING BEGINS
APRIL 28, 2025

SCAN FOR COMPLETE TESTING CALENDAR

https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3_1fxw6EEkg/view

WANTED!

IB TESTING VOLUNTEERS

PARENTS & GUARDIANS, WE NEED YOUR HELP DURING IB EXAM SEASON!

Please help proctor and learn more about the IB assessment and support our teachers and students!

IBS begin 2/17
IB End of Year Exams begin 4/28

SIGN UP WITH QR CODE

QUESTIONS CONTACT SHELBY HICKS- SHELBY.HICKS@HOUSTONISD.ORG

https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv_XZ4Jfow6yL9YL0QcWcLgIK5APfIA1yJNuKvc1HUg/viewform

9th Grade Students and Parents

Students interested in participating in the IB Diploma Program or IB Math classes in 11th and 12th grades – this message is for YOU!

- In order to take the IB Math classes in 11th and 12th grades, students must have completed Algebra 1, Geometry, and Algebra 2 before 11th grade.

- Students currently in Algebra 1 as 9th graders have the opportunity to take Geometry at Lamar HS in summer school, with a grade review and approval by their Academic Dean.
- There is a fee for the summer school class, which will be determined by the district late in the Spring semester.
- The *tentative* districts dates for summer school are June 16-July 23, Monday -Friday, so please plan to be in town for those dates! Students are usually only allowed one absence during summer school.

Questions? Contact the 9th Grade Academic Deans listed below:

9A and 9B: Ms. Lawrence dlawren1@houstonisd.org

9C and 9D: Dr. Khatri safiakhatri@houstonisd.org

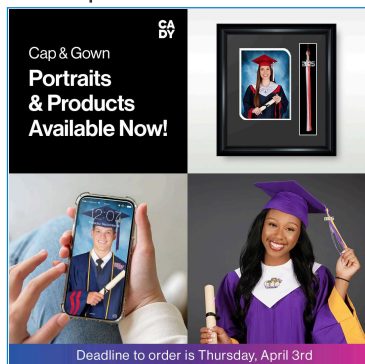
COLLEGE CORNER

Scholarship Opportunities

<https://www.houstonisd.org/Page/181035>

Class of 2025 Senior Information

Order Cap and Pictures



Cap & Gown portraits and exclusive products are now available to view and purchase through CADY! Celebrate this achievement with new offerings like tassel frames, yard signs, mugs, and more.

Deadline to order your items to receive them by Graduation is **Thursday, April 3rd**.


Click the link below to view & order now!

cady.com/capgown25

Prom



Seniors with APEX Classes




SENIORS!

If you have an APEX course for the fall semester, your off-campus period will be removed until the APEX course is completed and on your transcript.



All APEX courses are intended to satisfy a graduation requirement.


Once completed, off campus can be reinstated.



**COMPLETE
APEX
TODAY**

Spring Senior Parent Meeting Presentation






link to slides!

Class of 2025


Parent information session
January 2025

Click [here](#) or the click the image

Panoramic Photo



Goldbeck Co.




Panoramic Pictures Of:
LAMAR HIGH SCHOOL
Pictures will be taken:
Tuesday, November 12th
Senior Class at 9:00am


Price Packages:
\$30.00 –Panoramic Picture
\$35.00 –Panoramic & One Medium Panoramic
(Best Deal!)
\$45.00 – (3 Picture Formation Package)
Large Laminated Panoramic, w/ One Medium
Panoramic, & One Medium '25 Formation

Please be sure to bring your payment *the very next day:*
Wednesday, November 13th
During Lunch
To pick-up your panoramic picture

We Accept Cash, Check, or Debit/Credit Cards
MAKE CHECKS PAYABLE TO "Goldbeck Company"
(Please include phone number on all checks)
Goldbeck Company • 4407 Center Gate • San Antonio • TX • 78217
1-800-456-6099 • www.goldbeckcompany.com
(Orders placed online will be mailed)




Its not too late to order!



Scan Me!

✱ Buy your panoramic online ✱



Goldbeck Company
Phone #: (210) 656 - 1445

<https://goldbeckcompany.com/>

[Senior Meeting PowerPoint](#)

12TH GRADE AP'S & DEANS

MS. PIZANA, MS.
BOCAGE-PAGE,
*MS. BROOKS,
MR. THOMPSON

Graduation



Get ready to toss those caps in the air! Mark your calendars and save the date for the biggest celebration of the year! Sunday, June 8th at 6:00PM at NRG Stadium!

Cap and Gown Orders

Cap and Gown Orders

Wednesday,
Feb 26th
11:45AM
Senior Hall

Cap, gown and tassel is
\$50 plus tax. You are
welcome to purchase
additional items.

LAST on campus event.
If you purchase it online
you will pay for shipping.



Herff Jones will be on campus for the last time February 26th during lunch in the 12th grade hall.

You may place your orders [online](#). Scroll to the bottom of the page for the cap and gown.



2025 Senior Dues

Includes:

Senior Sunrise, Senior Breakfast, Senior T-shirt, Senior water bottle, Senior Stampede Events, Graduation Package (Diploma Cover, Diploma, transcripts, etc.), Senior Sunset, Senior Gift and Other Surprises.

OPTION 1:

Early Bird Special Aug. 1st - Dec 4th \$90

All the above plus Prom Ticket-

Early Bird Special Aug. 1st - Dec 4th -\$170

OPTION 2:

Dec. 5th- End of Year - \$140

Prom Ticket NOT included

Dec. 5th- End of Year plus Prom Ticket- \$230

IMPORTANT CLASS OF 2025 DATES

August 12, 2024 Senior Sunrise
September 13, 2024 Senior Treat Day
October 2, 2024 College Fair
September 27, 2024 HOCO Dance
November 12, 2024 Senior Breakfast
November 12, 2024 Panoramic Picture
February 22, 2025 LHS Fest
April 26, 2025 Prom
May 27-29, 2025 Field Trip
May 28, 2025 Senior Day
June 3, 2025 Senior Sunset
June 2-4, 2025 Senior Checkout
June Graduation-NRG

Yearbook, Panoramic Photo, Cap & Gown are NOT included in Senior Dues

All Cap & Gowns are ordered through Herff Jones

**** May not purchase a Prom ticket until all IB fees and Senior Dues are paid.**

VIPS:

There are several activities that we will need parents to help chaperone. Please make sure complete the VIPS training so you can be included.

<https://www.houstonisd.org/Page/188676#calendar347170/20240725/month>

We need parents for the Senior Breakfast on November 12th!

Senior 2025 Fall Parent Meeting

Please scan the QR (or click the image) for the Fall 2025 Senior Parent Meeting slides.



Men's Lacrosse

LAMAR MEN'S LACROSSE



MEETING FOR ALL INTERESTED STUDENTS AND PARENTS

Monday August 19th, 2024

6:00PM to 6:30PM

In the Grand Hall at Lamar

Meet the new Head Coach
Find out more about the program

All students interested in playing lacrosse at Lamar are welcome
NO LACROSSE EXPERIENCE REQUIRED.

Parents are invited to attend

Rugby

Rugby at Lamar High School



All players, all levels welcome

Practice 415pm-6pm Tuesdays & Thursdays

At Lamar High School
3325 Westheimer Rd

More information is shared on WhatsApp to join just text:
786-925-6416 & we will share the link

Any questions join WhatsApp

<https://chat.whatsapp.com/GIX184XcprSA2pLrDj6Ny1>



9th's Fest 2025

Lamar
class of 2025

Senior Class of 2025 Event
sponsored by Lamar High School and the Lamar PTO

Feb 22
6:30-10 pm
Lamar Fields
gates close at 8pm

MUSIC DANCING

CARNIVAL RIDES

CARNIVAL GAMES & PRIZES

FOOD TRUCKS

DJ ED LIVE, SELFIE BOOTHS, CARICATURE ARTIST, TAROT CARD READER, 360 PHOTO BOOTH, DOOR PRIZES

WHIRLY BIRD, MIND WINDER, MELTDOWN WRECKING BALL

PLINKO, ROLLER BOWLER, STRIKE ZONE, SKEE BALL, HOLE IN ONE, HIGH STRIKER CARNIVAL GAME PRIZES, \$10,000 IN GIVEAWAYS

POPCORN, COTTON CANDY, TACO BASKETS, BURGERS, CHICKEN TENDERS

FREE ADMISSION

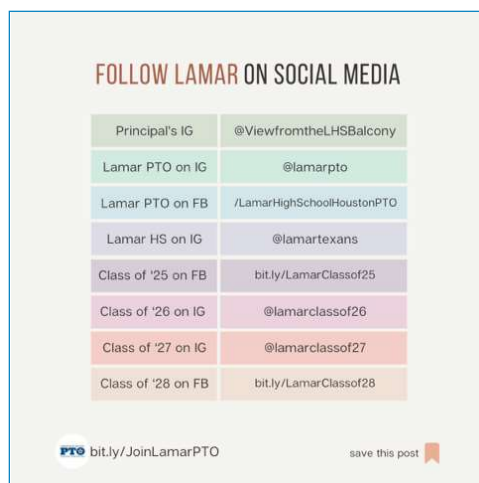
<https://bit.ly/LHSFestDonate>



[Sign Up Here](https://bit.ly/LHSFestVolunteers----->>)



bit.ly/DonatetoLamarHS



QUICK LINKS

[VIPS](#)

