



Lamar High School

AN INTERNATIONAL BACCALAUREATE WORLD SCHOOL

Rita Graves
PRINCIPAL

Roxanne van Ravenswaay
COMMUNICATIONS DIRECTOR

Lamar Weekly Newsletter

STAY CONNECTED

Website: www.lamarhs.org

Email: lamarhstexanshisd@gmail.com

Twitter: @Lamarhs

Instagram: lamartexans

Students' Instagram: viewfromthelhsbalcony

Principal's Corner



The next Pulse Check is Thursday, February 27th

Get to know Possip!

- Recurring Pulse Check surveys
- Sent via text & email
- No app or login needed
- Families respond in their home language
- Actionable data for schools & districts
- Stronger school communities

HOW FAMILY VOICES WILL HELP

Families receive a Pulse Check via text or email.

Families respond to the Pulse Check.

Possip provides HISD with a report of family responses.

HISD responds to family feedback and shares praise!

¡Esté atento a su próximo Pulse Check, muy pronto! el jueves, 27 de febrero

Cómo Possip Ayuda a Apoyar tu Escuela:

- Encuestas periódicas de Pulse Check
- Enviadas por mensaje de texto y correo electrónico
- No se necesita aplicación o inicio de sesión
- Responda en su idioma preferido
- Datos accionables para escuelas y distritos
- Comunidades escolares más fuertes

CÓMO AYUDA USTED VOZ

Recibe Pulse Check por mensaje de texto o correo electrónico una vez al mes.

Responde a la Pulse Check.

Possip proporciona a HISD un informe de las respuestas familiares.

HISD responde a los comentarios de la familia y comparte elogios.

Upcoming Events:

Thu, Feb 27th:

- SDMC 7:30AM
- JV Girls Soccer @ Ridge Point 6:00PM
- JV Softball @ CCISD Tournament
- Varsity Baseball @ Klein Tournament
- JV Baseball @ Humble Tournament
- Sophomore Baseball @ Katy Tournament

Fri, Feb 28th:

- Go Texan Day (LHS)
- Fun Food Friday 11:45 AM
- Varsity Girls Golf @ Eagle Point
- JV A Girls Soccer @ Galena Park
- Varsity Baseball @ Klein Tournament
- JV Baseball @ Humble Tournament
- Sophomore Baseball @ Katy Tournament
- College Readiness @ Sam Houston State 8:30-3:00
- Rugby vs Cathedral 6:00PM (Field)
- Track @ Beaumont United HS 9:15AM-6:00PM

Sat, Mar 1st:

- Varsity Baseball @ Klein Tournament
- JV Baseball @ Humble Tournament

Highlighted Events

Tue, Mar 4th: FFA Parent Meeting 6:30PM (Grand Hall)

Tue, Mar 4th: Cheer Parent Meeting 6:00PM (12A)

Mon, Mar 10th- Fri, Mar 14th: Spring Break- No School

Testing Updates

11th grade SAT

All current Lamar 11th graders have been registered to take the SAT, for free, on Wednesday, April 2, 2025. Testing will begin at 8:30 AM and complete about 12:00 PM. All 11th graders are required to take the SAT, even if they do not want to use their scores post-high school. It is important that all students are on time as no late students will be able to test. The SAT is a digital test using the Bluebook app on the students' HISD laptop. For more information and SAT practice information, please visit the [College Board website](https://collegeboard.org). For a listing of all Spring 2025 testing dates (IB, AP, STAAR EOC), please visit the [Lamar HS Testing Calendar](#).

Shout Outs

College Corner



We had the opportunity to take some juniors and seniors on a visit to Sam Houston State University. Thank you for the wonderful experience!

Math Club



Big Congratulations to our talented Lamar Math Club students!

Feb 22 was an amazing day for our UIL team as we saw some fantastic results!

William Louis – 1st place in Math & 3rd place in Calculator Apps!

John Doneker – 4th place in Math!

Lamar Texans (William Louis, John Doneker & Glenna Raphael) – **Team Champions!**

We're so proud of these hardworking students who have made history today! Go Texans!

If you are interested in UIL math events, contact Mr. Li in 12A.

DiscoBots



Congratulations!! DiscoBots qualified 5 teams to the Texas Region 3 Championship from Lamar, Carnegie Vanguard and DeBakey! 285x won the Judges Award and 7390a won the Create Award!

Boxing Club Practice

- Sophomore Baseball @ Katy Tournament
- Varsity Girls Golf @ Eagle Point
- Color Guard Contest @ Clear Creek 7:00-7:00
- JV Softball @ CCISD Tournament
- Varsity Softball vs Wisdom 10:00AM (Butler)
- JV A Boys Soccer @ Bellaire 12:00PM
- JV Boys Soccer vs Bellaire 10:00AM (Fields)
- JROTC @ Westside Bluebonnet Competition
- Rettes @ Grand Oaks
- Algebra Bootcamp 8:00-12:00 (12th grade)

Mon. Mar 3rd:

- Theatre @ Carnegie

Tue. Mar 4th:

- Varsity Girls Soccer vs Bellaire 4:30PM (Butler)
- Varsity Boys Soccer vs Bellaire 6:15PM (Butler)
- Varsity Boys Golf @ Eagle Point
- FFA Parent Meeting 6:30PM (Grand Hall)
- Varsity Softball vs Chavez 5:00PM (Delmar)
- Cheer Parent Meeting 6:00PM (12A)

Wed. Mar 5th:

- Varsity B and JV Girls Golf @ Sharpstown
- Varsity Boys Golf @ Sharpstown
- JV/Freshman Track Meet 4:00PM (track)
- JV Color Guard @ Bellaire 12:00-5:00PM
- JV Softball @ Bellaire5:00PM

Thu. Mar 6th:

- Drum Major Auditions 4:00PM (Band Hall)
- Tennis @ Chancellors
- Band UIL Contest @ Bellaire
- Varsity Baseball @ Brenham Tournament
- JV Baseball @ Katy Tournament
- Life Skills @ Rodeo

Fri. Mar 7th:



Lace up your gloves and join us on Tuesdays after school for an empowering Boxing Club practice session!

Personal Graduation Plan

All students in Texas Public Schools must have a Personal Graduation Plan (PGP) on file as a graduation requirement. This document is initiated in grade 9 and is used for course planning. All students have updated their student survey this fall. You should receive a district generated email when your student’s PGP has been approved. Please follow the attached directions to acknowledge this document. You may have done this in the past; however, HISD has put the form in School Links this year. Here are the instructions we received from the district for guardians to approve the PGPs:

How to Review & Approve Student Personalized Plan (guardian guide)

This step-by-step guide will walk guardians through the process of reviewing and approving their student's personalized plan. [Watch a video tutorial here!](#)

To get started, log into your SchoolLinks guardian account

1

Click on the My Students tab at the top of the guardian dashboard and select your student from the list

2

Click to expand the Caselle section drop down menu

3

Select Personalized Plans

4

View the following:

- Student submission date
- Guardian approval date
- Counselor approval status

5

Click Review Plan to view plan details

6

Scroll through to review each component of the plan

*Note: number of plan components and component types differ for each district

7

Leave a comment if you wish to request a change to your student's personalized plan

*Note: comments are visible to both student and counselor

8

Sign your name and select Approve to approve your student's plan

9

Click on the My Students tab at the top of the guardian dashboard and select your student from the list

10

Click to expand the Caselle section drop down menu

11

Select Personalized Plans

Go Texan Day

Come show your support for the Lamar FFA at

GO TEXAN DAY!
Friday, February 28th

COME OUT TO THE TRANSIT CENTER FOR LINE DANCING & FOOD SALES!

Tickets will be available for purchase Monday-Friday

Menu

Tamales: 2 for \$3
Elote Cup: \$3
Nachos: \$3
Hot Cheetos w/ Cheese: \$3
Candy: \$1
Chips: \$1
Soda: \$2
Water: \$1

LAMAR FFA

Giddy up, get ready for Go Texan Day next Friday! Swing by the Athletic Lobby at lunch Monday-Thursday to snag your tickets and support the FFA! Friday tickets are on sale in the Transit Center. Buy your tickets early to avoid long lines.

National Honor Society

Invitations to apply to the National Honor Society at Lamar High School were emailed to eligible students this week (please see below for requirements to join NHS). Students who are invited to apply for membership must complete and submit the application and essay by Thursday, March 6th, to be considered for membership.

- Varsity Girls Soccer vs Houston 6:00PM (Fields)
- Varsity Boys Soccer vs Houston 7:45PM (Fields)
- College Corner @ Texas Southern
- Varsity Baseball @ Brenham Tournament
- JV Baseball @ Katy Tournament
- Varsity Softball vs Heights 5:30PM (Delmar)

Sat. Mar 8th:

- Color Guard @ Langham Creek & Cy Falls
- Varsity Baseball @ Brenham Tournament
- JV Baseball @ Katy Tournament
- JV A Boys Soccer vs Chavez 12:00PM (Fields)
- JV B Boys Soccer @ Houston 10:00AM

Mon. Mar 10th:

- Spring Break- No School
- Varsity Girls @ Bay Oaks
- Sophomore Baseball @ Spring Woods 10:00AM
- Varsity Baseball vs Westside10:00AM (Delmar)
- JV Baseball @ Milby 10:00AM

Tue. Mar 11th:

- Spring Break- No School
- Varsity Baseball vs Westside10:00AM (Delmar)
- JV Baseball vs Heights 12:00AM
- Sophomore Baseball vs Milby 10:00AM (Fields)

Wed. Mar 12th:

- Spring Break- No School
- JV Boys Golf @ Pasadena
- Lamar Dual track Meet 12:00PM (Fields)

Thur. Mar 13th:

- Spring Break- No School

Fri. Mar 14th:

- Spring Break- No School

Sat. Mar 15th:

- Color Guard Contest @ Klein Oak

Please check your email for updates from the NHS Faculty Sponsors, Mr. Toscano and Ms. Watson. Additional information about the National Honor Society at Lamar can be found below and on the Lamar Website.

What are the requirements of being a member of the National Honor Society?

Members with grade point averages equal to or above 3.7 will undergo holistic review and be admitted based on outstanding scholarship, service, leadership, and character, which is exemplified by your application essay, extracurricular participation, and community service. You must also not have any conduct grades of a "P" or lower.

As an NHS member, what will I be expected to do?

Members of Lamar's National Honor Society include some of Lamar's finest scholars, leaders, and role models. In order to remain eligible as a member, you will be expected to complete 12 hours of community service each semester and attend bimonthly meetings, held before, during, or after school. In addition, members must maintain a consistent GPA of 3.7 or above and receive a conduct grade no lower than satisfactory.

We are excited to welcome a new class of students to the National Honor Society!

The application is due Thursday, March 6th at 11:59 PM. For any questions contact Mr. Toscano in 11B or Ms. Watson in 11A.

LimitLess

LIMITLESS

Come move with us!!

Be active and have fun!

Feb 23rd
2pm-2:45



SIGN UP IS FREE!!



INFO

Hey there! My name is Ava Gallagher. I am a sophomore at LAMAR HIGH SCHOOL. I'm excited to introduce LimitLess, a new workout program I designed for students with disabilities. As a member of the Best Buddies Club, I've had the chance to get to know these amazing kids, and it brings me joy to see them everyday.

Unfortunately, a lot of them don't have opportunities to get up and move during the school day, which is why I want to offer them a chance to be more active and have fun outside the classroom. With me and other volunteers working together, LimitLess will provide a space for them to work out, move around, and just enjoy being active in a way that's inclusive and supportive.

My goal is to help your sons and daughters build confidence, stay healthy, and feel like they can do anything--no limits!

Questions?
Email: avgallagher09@icloud.com

Where?
Avenu Fit.
6211 Edloe St,
Houston, TX
77005

UPCOMING DATES!!
January 26th
February 23rd
March 23rd
April 27th

SPRING 2025 Final Exam Exemptions

Final-ly!
Students in grades 9-11 will be able to earn exemptions from final exams – High School Course exemptions or College-level Course exemptions.

Final Exam Exemptions – All High School Courses

To incentivize the daily attendance rate, eligible grade 9 students may be allowed one spring final exam exemption; two spring final exam exemptions may be allowed for eligible 10th and 11th graders. Eligible students are those with:

- no more than three (3) absences in any one course for the duration of the semester;
- an S or E in conduct; and
- must have an 85 or higher semester average in the specific course(s) where the final exam exemption is applied.

Final Exam Exemptions for College-Level Courses

Schools may, under the following conditions, exempt students in grades 9 -12 from a final exam in college-level courses, defined as IB SL or HL or Advanced Placement (AP):

- if the student takes the AP or IB exam for the assigned course;
- an S or E in conduct; and
- a course average of 85 or better in the specific course(s) where the final exam exemption is applied.

11th and 12th grade students in IB courses must submit all IB assessments, sit for IB exams in May, and participate in all oral assessments. To be exempt from finals in 11th and 12th grade IB courses, students must also have all IB assessments complete.

Yearbook

- Robotics Contest @ Victoria, Tx

Mon. Mar 17th:

- Robotics Contest @ Victoria, Tx
- JV/Freshman Track District
Meet 6:30PM (Barnett)

Tue. Mar 18th:

- Varsity Baseball vs Wisdom
7:30PM (Butler)
- JV/Freshman Track District
Meet 6:30PM (Barnett)

Wed. Mar 19th:

- JV/Freshman Track District
Meet 6:30PM (Barnett)
- JV Baseball vs Westside
5:00PM (Field)
- Sophomore Baseball @
Westside 5:00PM
- Big Brother/Big Sister 11:00
(away)
- Choir Show 6:00PM
(Performance Hall)
- FFA @ Rodeo
- Varsity Girls Golf @ Jersey
Meadow
- Softball @ Spring Woods
5:00PM

Thu. Mar 20th:

- FFA Floral @ Rodeo
- Track @ Clear Falls 9:00AM
- Varsity Soccer @ Bi District
(TBA)
- Art History @ MFAH 10:30AM

See below for information regarding the yearbook. Feel free to reach out with any questions. Enjoy your Winter Break!

How to Order a Yearbook?

www.yearbookordercenter.com

School Code -25147

Yearbook Price

Fall Price - \$75 (October 1st- December 31st)

Spring Price - \$85 (January 1st- March 31st)

Last Chance - \$100 (April 1st - June 3rs)

*** We sold out the last two years., so do not delay. Lock in the cheapest price now.*

Yearbook 2025 Cover/Theme Reveal

We'll Take you There!

The Yearbook staff is excited for you all to see our cover for this year's book and to take you there all across Lamar. Our book is bigger and better than ever! Buy it now at its cheapest price and before they are all sold out.



Sports/Event Pictures

Be sure to bookmark www.tinyurl.com/lamarphotos

We add photo galleries throughout the year of all Lamar sports games, concerts, theatre plays, and school activities.

Students and parents have free access to download and share these photos.

IB College Fair

FIELD TRIP OPPORTUNITY!

2025 TEXAS IB SCHOOLS
»»» COLLEGE FAIR «««

Learn more about how to use IB in the application process AND hear about scholarship opportunities!

LEAVE LAMAR @ 7:30 AM April 3, 2025

Hurst, TX Conference Center



IB Diploma Candidates are invited to attend the Texas IB Schools College Fair on April 3, 2025. More than 100 colleges will have admissions representatives onsite that know and understand the value of an IB Education and the IB Diploma. You will get the opportunity to explore your options for schools in Texas, schools in other parts of the United States and schools outside of the U.S.

This opportunity is open to 11th grade students:

- Student must currently be seated in Theory of Knowledge with a passing grade; and
- Student must be on track to earn the IB Diploma (scheduled for 3HL and 3SL courses); and
- Student must have a clean discipline record.

Please email Shelby Hicks to RSVP- Shelby.Hicks@houstonisd.org

IB Testing



https://drive.google.com/file/d/1rAajcEy4NNcRs6KSaJkxr3_1fxw6EEkg/view



https://docs.google.com/forms/d/e/1FAIpQLScxxGDKv_XZ4Jfow6yL9YL0QcWcLglK5APfIA1yJNuKvc1HUg/viewform

9th Grade Students and Parents

Students interested in participating in the IB Diploma Program or IB Math classes in 11th and 12th grades – this message is for YOU!

- In order to take the IB Math classes in 11th and 12th grades, students must have completed Algebra 1, Geometry, and Algebra 2 before 11th grade.
- Students currently in Algebra 1 as 9th graders have the opportunity to take Geometry at Lamar HS in summer school, with a grade review and approval by their Academic Dean.
- There is a fee for the summer school class, which will be determined by the district late in the Spring semester.
- The *tentative* districts dates for summer school are June 16-July 23, Monday -Friday, so please plan to be in town for those dates! Students are usually only allowed one absence during summer school.

Questions? Contact the 9th Grade Academic Deans listed below:

9A and 9B: Ms. Lawrence dlawren1@houstonisd.org

9C and 9D: Dr. Khatri safiakhatri@houstonisd.org

Scholarship Opportunities


<https://www.houstonisd.org/Page/181035>



Class of 2025 Senior Information

Order Cap and Pictures

CADY

Cap & Gown
Portraits
& Products
Available Now!





Deadline to order is Thursday, April 3rd

Cap & Gown portraits and exclusive products are now available to view and purchase through CADY! Celebrate this achievement with new offerings like tassel frames, yard signs, mugs, and more.

Deadline to order your items to receive them by Graduation is **Thursday, April 3rd**.

Click the link below to view & order now!

cady.com/capgown25

Prom

Lamar High School

invites the senior class to

Starry Night
Prom
2025

Saturday, April 26, 2025
8:00PM-12:00AM

Bayou City Event Center
9401 Knight Rd,
Houston, TX 77045

Formal for
Ladies and Gentlemen

* Tickets \$100.00 each

Seniors with APEX Classes

Lamar


class of 2025

SENIORS!

If you have an APEX course for the fall semester, your off-campus period will be removed until the APEX course is completed and on your transcript.

All APEX courses are intended to satisfy a graduation requirement.

Once completed, off campus can be reinstated.





COMPLETE
APEX
TODAY

Spring Senior Parent Meeting Presentation



Click [here](#) or the click the image

Panoramic Photo

**Goldbeck Co.**

Panoramic Pictures Of:
LAMAR HIGH SCHOOL
Pictures will be taken:
Tuesday, November 12th
Senior Class at 9:00am

Price Packages:
\$30.00 –Panoramic Picture
\$35.00 –Panoramic & One Medium Panoramic
(Best Deal!)
\$45.00 – (3 Picture Formation Package)
Large Laminated Panoramic, w/ One Medium
Panoramic, & One Medium '25 Formation

*Please be sure to bring your payment **the very next day:***

Wednesday, November 13th
During Lunch

To pick-up your panoramic picture

We Accept Cash, Check, or Debit/Credit Cards
MAKE CHECKS PAYABLE TO "Goldbeck Company"
(Please include phone number on all checks)
Goldbeck Company • 4407 Center Gate • San Antonio • TX • 78217
1-800-456-2289 • www.goldbeckcompany.com
(Orders placed online will be mailed)

**Its not too late to order!**

Scan Me!

* Buy your panoramic online *



Goldbeck Company
Phone #: (210) 656 - 1445

<https://goldbeckcompany.com/>

[Senior Meeting PowerPoint](#)

**12TH GRADE
AP'S & DEANS**

**MS. PIZANA, MS.
BOCAGE-PACE,
MS. BROOKS,
MR. THOMPSON**

Graduation



Get ready to toss those caps in the air! Mark your calendars and save the date for the biggest celebration of the year! Sunday, June 8th at 6:00PM at NRG Stadium!

Cap and Gown Orders

You may place your orders [online](#). Scroll to the bottom of the page for the cap and gown.



2025 Senior Dues

Includes:

Senior Sunrise, Senior Breakfast, Senior T-shirt, Senior water bottle, Senior Stampede Events, Graduation Package (Diploma Cover, Diploma, transcripts, etc.), Senior Sunset, Senior Gift and Other Surprises.

OPTION 1:

Early Bird Special Aug. 1st - Dec 4th \$90

All the above plus Prom Ticket-

Early Bird Special Aug. 1st - Dec 4th -\$170

OPTION 2:

Dec. 5th- End of Year - \$140

Prom Ticket NOT included

Dec. 5th- End of Year plus Prom Ticket- \$230

IMPORTANT CLASS OF 2025 DATES

August 12, 2024 Senior Sunrise
September 13, 2024 Senior Treat Day
October 2, 2024 College Fair
September 27, 2024 HOCO Dance
November 12, 2024 Senior Breakfast
November 12, 2024 Panoramic Picture
February 22, 2025 LHS Fest
April 26, 2025 Prom
May 27-29, 2025 Field Trip
May 28, 2025 Senior Day
June 3, 2025 Senior Sunset
June 2-4, 2025 Senior Checkout
June Graduation-NRG

Yearbook, Panoramic Photo, Cap & Gown are NOT included in Senior Dues

All Cap & Gowns are ordered through Herff Jones

**** May not purchase a Prom ticket until all IB fees and Senior Dues are paid.**

VIPS:
There are several activities that we will need parents to help chaperone. Please make sure complete the VIPS training so you can be included.

<https://www.houstonisd.org/Page/188676#calendar347170/20240725/month>

We need parents for the Senior Breakfast on November 12th!


Senior 2025 Fall Parent Meeting

Please scan the QR (or click the image) for the Fall 2025 Senior Parent Meeting slides.



Men's Lacrosse

LAMAR MEN'S LACROSSE



MEETING FOR ALL INTERESTED STUDENTS AND PARENTS

Monday August 19th, 2024

6:00PM to 6:30PM

In the Grand Hall at Lamar

Meet the new Head Coach

Find out more about the program


All students interested in playing lacrosse at Lamar are welcome

NO LACROSSE EXPERIENCE REQUIRED.

Parents are invited to attend

Rugby

Rugby at Lamar High School



All players, all levels welcome

Practice 415pm-6pm Tuesdays & Thursdays

At Lamar High School

3325 Westheimer Rd

More information is shared on WhatsApp to join just text:

786-925-6416 & we will share the link

Any questions join WhatsApp
<https://chat.whatsapp.com/GlX184XcprSA2pLrDj6Ny1>



bit.ly/DonatetoLamarHS

FOLLOW LAMAR ON SOCIAL MEDIA

Principal's IG	@ViewfromtheLHSBalcony
Lamar PTO on IG	@lamarpto
Lamar PTO on FB	/LamarHighSchoolHoustonPTO
Lamar HS on IG	@lamar Texans
Class of '25 on FB	bit.ly/LamarClassof25
Class of '26 on IG	@lamarclassof26
Class of '27 on IG	@lamarclassof27
Class of '28 on FB	bit.ly/LamarClassof28

PTO bit.ly/JoinLamarPTO save this post

QUICK LINKS

[VIPS](#)

[PTO](#)

