## Summer Journal Prompt Ideas

For this summer (2022), you will write in a journal! While you can be personal with your writing, you do need to approach it in a school-appropriate way. You have the freedom to write about what you wish, but if you get stuck, below are some prompts to help. You could also choose to write reflections about your summer reading choice.

## Things to keep in mind:

- Each journal entry (piece of writing) must be at least 1/2 a page long.
- The entries must be handwritten.
- You must have a total of 15 handwritten journal entries by the beginning of next school year. You can absolutely have more, though!

## JOURNAL PROMPT IDEAS FOR WHEN YOU HAVE WRITER'S BLOCK

- Write about how you fell in love, from start to finish. You can write about another person, but you can also write about your hobby, a place, a book, or anything that inspires the same giddy sense of "falling."
- What are you grateful for? Why?
- What do you think are the biggest challenges for you so far? Explain.
- What makes you feel happiest in life? What "lights you up"? How often do you do that thing? How can you do more of it?
- What would be the title of your life now? Why?
- Who do you trust the most? Why?
- What type of people do you love the most? Why? What are their characteristics? Are you like them?
- What is your scariest moment? (Real life or fantasy moment)
- How do you think others see you? Why? Do you think they are right or wrong?
- Write about some of the hardest moments in your life -- what would be different now if you had made different choices?
- What topics are you afraid to talk about? Why?
- Write about all the things that inspires you. Don't forget the little things.
- How do you imagine yourself in 10 years?
- Write about everything you'd like to disagree/rebel about.
- If you could spend a day with one of your ancestors, who would it be? Why? What would you talk to them about?