

School Health Advisory Council (SHAC) Meeting Minutes
Thursday, October 4, 2018

Location: Room 1E01, Hattie Mae White Educational Support Center

Note Taker: Eric Ratliff

Members Present		
Parents Dominique Patterson Angela Rubio Michelle Sacks	Community Ruth Buzi Sandra Castro Amanda Krippel Joseph Le Kim Lopez Lupita Matschiner Trevia Mott (CC) Martha Pacelli Loren Lane (CC)	District Lisa Blackmon-Jones Don Carter Felicia Ceaser-White Nan Cramer Elaine Gomez Olga Hernandez-Ayala Gwen Johnson Frank Milton Delia Thibodeaux Tessa Williams
Guests		
George Cleare (TSU) Dominique Guinn (TSU) Kara Ihedigbo (HCPH)	Taylor Lynch (TSU) Philandra Mystro (TSU)	Ngan Nguyen (TSU) Shatyra Peery (TSU)

Michelle Sacks (SHAC co-chair) called the meeting to order at 5:30pm.

Minutes from meetings on April 5 and May 3, 2018 were approved.

1. Recap of 2017-18 and Prioritization of Work for 2018-19

Michelle Sacks reviewed the activities of the SHAC during the past school year, including the recovery from Hurricane Harvey, three program review sessions, improved coordination with Health and Medical Services (HMS) and Social and Emotional Learning (SEL) departments, and greater community and district representation on SHAC.

- Priorities for the current school year include finishing the wellness plan and submitting for approval, increasing SHAC visibility in the district, and recruiting more parents to serve on SHAC.

2. Wellness Policy updates

Eric Ratliff reviewed progress on the wellness policy and implementation plan.

- Board approved wellness policy FFA(LOCAL) in July 2017;
- SHAC members are currently developing the wellness plan FFA(REGULATION) which will outline the district’s objectives for implementing the wellness policy;
- Much of the wellness plan will follow the Alliance for a Healthier Generation’s (AHG) wellness assessment because it provides a convenient online platform to survey campuses, and offers an incentive for schools to improve their policies and practices;
- AHG assessment has been upgraded recently, and will be released soon – Eric will review to see how the new version aligns with latest draft of wellness plan;

- Goal is to finish wellness plan in fall 2018 so it can go through the approval process and be in place by the end of 2018-19 school year (SY);

Frank Milton, compliance officer for Nutrition Services, noted that the district is undergoing its audit from the Texas Dept. of Agriculture this year, describing the documentation required.

- Wellness plan needs to be in place, so the district can conduct an evaluation of the policy's implementation – federal law requires evaluation at least every three years, so the district needs to conduct an evaluation by the end of the 2019-20 SY;
- Another aspect of federal and state law entails transparency of wellness policy development and evaluation, so there needs to be some way of communicating the policy content and evaluation results through the district's website.

3. Program Review: June 2018 meeting

Sub-committee reviewed three programs: More Than Sad (suicide prevention), Your Game, Your Life (sexual health), Sisters Saving Sisters (sexual health). Voting members of the SHAC approved two for use in the district.

- Your Game, Your Life was approved for continuing evaluation at two high schools, not for broad dissemination across the district;
- Sister Saving Sisters (sexual health) more information is needed from vendor;
- Next program review meeting October 17 (another meeting scheduled for March 2019).

4. Nutrition Services (NS) updates

Nan Cramer provided updates about activities in the NS department.

- Salad bars are now in all elementary campus cafeterias, and are popular with students;
- Farm-to-School grant provides training for people to assist in nutrition instruction and gardening in participating schools (three champions per campus); inclement weather has caused delays in the construction of gardens this year;
- Food literacy program working with curriculum department to improve nutrition education and integrate it into other subjects – have to consider national standards as health TEKS will be reviewed soon (for implementation in 2021);
- Also working to create a better, more inclusive food environment in the district.

5. Health and Medical Services (HMS) updates

Gwen Johnson talked about changes in the district's HMS programs and practices.

- Project ADAM (with Texas Children's Hospital) to develop training drills for CPR and use of automated electronic defibrillators (AED) on campuses – participating campuses would also receive additional AED (all HISD campuses have at least one);
- District has staff person to assist parenting students with childcare – still need programs for student fathers;
- Flu vaccines available for all students from October 29 to December 6;
- Change in spinal screening guidelines toward younger students;
- Reviewing stock epinephrine guidelines from state to develop local policy;

There are 10 school-based health centers serving the district

- Clinics at Chavez and Sterling closed due to changes in Baylor made to serve more people in the community (up to 24 years old) – clinics remain at Worthing, Wisdom, and Austin;

- Other campuses are served by Memorial Hermann (other nearby schools have access using district buses during school hours);
- Harris Health facility at Marshall MS (but low utilization).

6. Family and Community Empowerment (FACE) updates

Olga Hernandez-Ayala described the district's efforts to increase family engagement.

- Effort to create PTO/PTA on every campus, first at Achieve 180 schools (required for Family Friendly School Certification: <https://www.houstonisd.org/Page/125031>)
- FACE provides professional development and other instructional modules for parents (Family Learning Academy over the summer);
- Trend is toward home-based activities so parents do not have to go to the school: storytelling, affirmation, culture sharing.

SHAC members suggested health topics could be part of the FACE outreach efforts, especially the instructional modules.

7. School Safety updates

Michelle Sacks noted Crime Stoppers has been a part of safety at HISD since 1997, providing an anonymous means for students and staff to report crimes and liaising with Houston ISD police.

- SB 30 (Legislative session 85(R) 2017), known as Peacekeeper initiative, requires high school students receive instruction (90 minutes) on police interaction – curriculum is implemented by a civilian assisted by an officer;
- Law Enforcement-Assisted Diversion (LEAD) program in Attucks MS – first in a school setting in the nation – is designed to reduce student interactions with law enforcement; list of offenses that qualify for diversion to interventions and social services;
- Observation that there has been an increase in staff suicides in the district.

8. Health and Physical Education (HPE) updates

Felicia Ceaser-White discussed recent and upcoming activities in HPE.

- CDC awarded district another five-year grant to develop safe and secure school environments for LGBTQ students (program meeting in Atlanta last week);
- District also received funding for YRBS and School Health Profile (SHP) surveys – district preparing for 2019 YRBS (district will add six questions to keep within trends);
- District is currently analyzing data from 2018 SHP survey;
- Parenting and paternity awareness (p.a.p.a.) training on October 16;
- Texas Parks & Wildlife grant ended, but outdoor programs will continue: grant provided archery, camping, and fishing equipment that students and staff can rent; camping with students and parents in coming weeks; archery tournament October 19-20.

9. Announcements

- Domestic Violence Awareness month in October and handout on violence statistics;
- Fuel Up to Play 60 events at district campuses this fall (handout).

Meeting adjourned at 7:40pm.