

School Health Advisory Council (SHAC) Meeting Minutes
Thursday, December 6, 2018

Location: Room 3C10, Hattie Mae White Educational Support Center

Note Taker: Elaine Gomez

Members Present		
Parents Chrysi Polydoros Michelle Sacks	Community Lauren Lane (CC) Joseph Le Kim Lopez Treva Mott (CC)	District Don Carter Felicia Ceaser-White Nan Cramer Gwen Johnson Delia Thibodeaux Sonja Dixon Tashare Lewis Elaine Gomez Vanessa Losey
Guests: Raven Rodriquez, Ryan Kennedy, Ricardo Urbano		

Michelle Sacks (SHAC co-chair) called the meeting to order at 5:35pm.

Minutes from meetings on November 1, 2018 were approved.

- 1. Concussion Protocol Presentation** Dr. Summer Ott from UT McGovern Medical School
 - Provided a PowerPoint presentation on the need to have guidelines/standards for the cognitive healing process of all students that suffer from a concussion.
 - Provided information about the Do's and Don'ts concerning concussions, disclosures, concussion research, symptoms and care of concussions, legislation Natasha's Law HB 2038/legal ramifications, establishing school management teams/concussion injury coordinator, available outreach training for teachers and staff, and a recommendation that concussion protocol be part of the HISD Wellness Policy.
- 2. Off Campus Physical Education (High School) - Felicia Ceaser-White**
 - Led discussion on a parental concern regarding Off Campus Physical Education Equivalent Program (OCPEEP) such as request for club/recreational sports that are UIL sponsored activities in the district. There was discussion amongst several SHAC members concerning off campus physical education, but it was decided that the HISD Policy concerning off campus physical education would be maintained as it currently stands.
- 3. Wellness Policy Updates**
 - No updates were provided.
- 4. Family and Community Updates**
 - No updates were provided.

5. Nutrition Services Updates - Nan Cramer

- Romaine lettuce being safe and being served again. Substitutes such as kale and spinach were being served during the safety recalls for romaine lettuce.
- A second training for school gardens will take place spring 2019 with 5 more new schools building, planting and harvesting vegetables.
- Nutrition Services (Nan Cramer) presented at the Annual TAHPERD Conference for health and physical education teachers from the state of Texas.
- New Nutrition Standards concerning 1% chocolate milk being served again in schools, new sodium levels will go in effect 2022-2024, and the amount of whole grains required is now ½ of all grains served.
- Community eligibility for 100% of HISD students for free food (lunch/dinner) for the next 3 years has become a reality.

6. Health/Medical Services Update - Gwen Johnson

- 20,000 flu shots were provided for students in the district. District employees were also offered the flu shot. This year A&B flu is being diagnosed... “looks better this year than last”.
- Immunization audit currently being done in 23 random schools (K/7th grade) because of noncompliance in HISD

7. School Safety updates - Michelle Sacks

- December 17th training on Senate Bill 30. Peace Keepers in agreement with HPD to take training from them.
- Anti-Gang Force Training at Region 4 given by Victor Gonzales entitled “What to Do in Schools” and “Be Nice” mental health trainings
- Crime Stoppers reached out to B.T. Washington student for accessing mental health assistance and recommends awarding certificate to student at January Board Meeting.

8. Health and Physical Education (HPE) updates- Felicia Ceaser-White

- Attended the Annual TAHPERD Conference in Galveston - 63 HISD teachers/3 administrators attended. Several teachers, HPE administrators, and community partners presented at the conference.
- HISD school campus visit (Scarborough ES) by SHAPE America President Stephanie Morris and TAHPERD Executive Director Rose Haggerty.
- Piney Point Elementary received the Fuel Up to Play Challenge winning \$5,000 award to purchase physical education equipment and visit from NFL Houston Texan’s Wade Smith and Texan mascot Toro. Sutton ES also received a visit from TORO during breakfast.
- Met with Wrap Around services (HISD) to discuss collaboratively working together for the February Parent University and the CDC-DASH Grant.

9. Announcements

- Next meeting January 10th

Meeting adjourned at 7:30pm.