

School Health Advisory Council (SHAC) Meeting Minutes

Thursday, January 10, 2019

Location: Room 1E02, Hattie Mae White Educational Support Center

Note Taker: Chante Means-Gary

Members Present		
Parents Dominique Patterson Michelle Sacks	Community Ruth Buzi Amanda Krippel Kim Lopez Kristi Rangel Joseph Le	District Don Carter Felicia Ceaser-White Nan Cramer Olga E. Hernandez Gwen Johnson Chante Means-Gary Trevor Mott (CC) Angela Rubio Charlotte Stephens Delia Thibodeaux Vanessa Losey (CC)
Guest:		

Michelle Sacks (SHAC co-chair) called the meeting to order at 5:35pm.

Minutes from meetings on December 6, 2018 were approved.

1. Wellness Policy Framework FFA (Local)- Felicia Ceaser-White

- Provided information of the wellness policy of items that need to be reviewed, changed or deleted.
- Provided some detail information on specific objectives for nutrition, health promotion, physical activity and adapted PE. Objectives over those areas have blanks and needs to be filled in and written. Action-based learning was discussed regarding objectives and what needs to be written to address that type of learning. Work will be done with Dr. Scott to see if policies regarding students receiving instruction in areas mentioned above needs to be addressed.
- Led discussion on the measurement tool and how 17 objectives were identified that will require some type of measurement tool. Objectives will be shared out to see what tools will need to be gathered as evidence. More time will be spent on this topic in next month's meeting. Members were instructed to review the measurement tool on their own and to only look at what topics/areas of their interests.

2. Health and Physical Education (HPE) Updates - Felicia Ceaser-White

- Introduction of new Health Education Specialist (Chante Means-Gary).
- Led discussion on starting of the CDC grant, in the process of completing the first 6-months of planning.
- YRBS surveys are beginning in February 2019. This survey will be collecting data from over 5,000 secondary students and packets will be ready by January 25, 2018

to go out to the campuses.

- This year 10 priority high schools have been selected for the PS1807 grant, with nine schools returning from last year's grant. However, we have diffusion in place with the grant that covers working with all secondary campuses over a 5-year period.
- Discussion on how younger students are now being looked at for research on risky behavior topics and how the current government shutdown is not affecting the CDC.
- Development of new TPWD goals and looking at baseline data from previous surveys with schools is in the process of being done to meet requirements for the TPWD grant and will be submitted by the first of February 2019.
- Professional development opportunities coming up at Westbury on January 18. US
- Looking for more presenters to present at the Winter conference that will be held on Saturday, January 26, 2019.
- HPE Winter Conference will feature Detective Pena from the HISD Police to provide a presentation on gang violence. This would help increase teacher's awareness on what physical education teachers need to look for with their students such as changes in behaviors and types of clothing student wear such as colors, etc.
- Upcoming phone call will be done with SHAPE. SHAPE is a development program and its curriculum looks at mental health with three levels and they're still building the program. Piney Point Elementary will be the campus which also has a fundraising piece to its implementation. Schools will have the option to use the fundraising funds as they see fit. HISD is one of the 3-5 school districts in the state of Texas that will pilot the program.

3. Health/Medical Services Updates – Charlotte Stephens

- Led discussion on how collaboration has increased over the past year. The district has partnered with the University of Houston's College of Nursing, School of Optometry and the Nursing School Graduate program for help with the district's vision testing services.
- Representatives from each department partnered with school nurses at the campuses on assisting the schools with their students' vision screenings.
- One goal they set out in the process is to always follow-up to make sure those students who failed their vision test went to the doctor to get the necessary help needed.
- 20 schools were included in the partnership.
- Discussion of a phone bank coming up where nursing students from universities will come over to the Hattie Mae White building; where nurses will provide the names of parents whose child or children failed their vision test, so they can reach out and get help that is needed.
- Other colleges/universities that are currently in partnership with the district are: TWU, Prairie View and Chamberlain.

4. School Safety Updates – Michelle Sacks

- Discussion led on human trafficking and information given on how it is celebrated in the month of January. Partnerships have been made throughout the district with elementary schools that consists on working on data and providing bullying presentations and making a way for community centers to have their own space and room to provide services for areas of concerns.

Houston Independent School District

- A community event will be held on January 31st where a panel will be speaking on how the city is participating and creating solutions on the human trafficking in the city and a human trafficking victim will share her story.
- Suggestions were discussed on how the SHAC needs to have a mental health liaison or representation on the importance on mental health and how one out of every eight students have thought about committing suicide at the national level.
- Discussion on the importance of having a mental health person to be on the SHAC committee is vital and preferably somebody with a mental health background should be invited to every SHAC meeting. Employees also need to be included in the mental health awareness sector, it was mentioned that last year the city of Houston lost more officers to suicide than officers that died in the line of duty. There was also an increase in the number of teachers (nationally) who stated that they're suicidal from local new reports. Employee wellness and mental health is needed.
- Currently school districts are starting to make a connection between gangs and human trafficking.
- School Safety summit will take place this summer for two days on June 10th and 11th at Region 4 headquarters.
- Safe and Sound schools have partnered with Sandy Hook and the two will work together on the first nationwide conference that will also be held at Region 4 on March 28th – March 30th.

5. Announcements

- Harris County Public Health Department meeting is on January 25th and they're requesting a parent to represent HISD from SHAC.
- Next meeting February 7, 2019.

Meeting adjourned at 7:02pm.