

**School Health Advisory Council (SHAC) Meeting Minutes**  
Thursday, March 7, 2019

**Location:** Room 1E02, Hattie Mae White Educational Support Center

**Note Taker:** Chante' Gary

<b>Members Present</b>		
<b>Parents</b> Michelle Sacks Angela Rubio	<b>Community</b> Ruth Buzi Sandra Castro Joseph Le	<b>District</b> Kaiya Liddell Elaine Gomez Gwen Johnson Chante' Gary Delia Thibodeaux Lisa Rollinson Olga Hernandez
Guest: Kara Ihedigbo (HCPH) Vandolyn Esparza (CMH – Welcome Baby Program)		

Michelle Sacks (SHAC co-chair) called the meeting to order at 5:35pm.

Minutes from meeting on February 7, 2019 was rescheduled to be approved on April 4<sup>th</sup> meeting.

**1. Wellness Plan Framework Workgroup Session (review objectives for additional revisions)**

- Was tabled until next session when Felicia and Eric are in attendance.

**2. Basics2 Presentation: Children’s Museum of Houston – Vandolyn Esparza**

- Presentation given for “Welcome Baby Program” which is a program started in 2017. The Welcome Baby Initiative seeks to effectively engage parents in their children's early literacy and brain development. The program provides a bag of resources and strategies for distribution to eligible parents from persons of trust who will serve as a resource to the parent.
- The program was piloted with over 1,000 organizations throughout Harris County including community partners of Legacy Community and WIC.
- In 2018, a curriculum was developed to focus on families with children ages 3-13 with heavy involvement within the community and have met with multiple Wraparound Specialists within Houston ISD.
- Currently, the program has 26 outreach resources and in the next phase of their program, activities will include showing parents how to go about getting their kids tested for lead poisoning.
- Free access to the Children’s Museum of Houston is available during the program with free admission every Thursday to the museum. English and Spanish kits are available along with a phone application called “Vroom”.

**3. Healthy Living Matters Update – Kara Ihedigbo**

- Discussion on Youth Advocacy Day held in Austin on March 14<sup>th</sup>. Sessions

includes different sectors where everyone works together to address the issues of childhood obesity.

- One idea that came up during one of the meetings trying to find different ways of working with school systems. Some examples include having a healthcare organization adopt a SHAC.
- Suggested to meet with HISD Health and Medical Services to see who they need to connect with to reach the goals of their sectors and activism within the SHAC.
- Bill 455 also known as the recess bill passes unanimously on March 6<sup>th</sup> through the House and now needs to go through the Senate.
- Suggestions made of needing a unified calendar to know what's going on around the area that includes HISD for the SHAC committee to stay informed.

**4. Health and Physical Education (HPE) Updates – Elaine Gomez & Chante Gary**

- Led discussion on starting of the CDC grant, in the process of completing the first 6-months of planning and continuation application for year 2.
- YRBS surveys began in February 2019. In the process of receiving surveys back from designated campuses. Currently, the response rate is 93% for middle schools and 90% for high schools that have already turned in their surveys. Over half of schools surveyed are still out. Looking at another month before surveys can be sent out to WESTAT, therefore data from surveys will more than likely be given in the fall of 2019.
- Brief discussion on some staff attending the Stonewall Symposium in Boca Raton, Florida from March 3<sup>rd</sup>-6<sup>th</sup>. Conference focused on the LGBTQ community and inclusion in the schools. Transgender issues in the schools are becoming more prevalent everywhere and national data is showing an increase of which student's don't feel safe at school. The goal is to increase knowledge and awareness for all and create ways for LGBTQ students to feel secure.

**5. Health/Medical Services Updates – Kaiya Lidell**

- Introduction of Kaiya Lidell and explanation of her position in Health/Medical Services (HMS). Kaiya is the Special Populations Specialist and her role deals with access to care in terms of adolescents. She also assists parents and pregnant teens with getting child care and social services and any other services she can provide to keep the students in school.
- City of Houston and the district's HMS department has created a partnership that will be working with over 88 campuses to assist students with getting Medicaid and other medical services. One example of the collaboration is for school nurses to reach out to Health and Medical Services once a teen has expressed a need for services.

**6. School Safety Updates – Michelle Sacks**

- Discussion led on first training of a program called "Be Nice" was held last week. During this training participants were trained on the curriculum and given materials to teach their elementary kids about anti-bullying. Next training will be held March 27<sup>th</sup> from 8am-12pm and is open to mental health professionals because of the amount of disclosures while presenting and the amount of calls being received on self-harm.
- There is a possibility that those trainings will be presented again in May and during the

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Summer.

- Safe and Sound schools have partnered with Sandy Hook and the two will work together on the first nationwide conference that will also be held at Region 4 on March 28<sup>th</sup> – March 30<sup>th</sup>.
- School Safety Summit will take place this summer for two days on June 10<sup>th</sup> and 11<sup>th</sup> at Region 4 headquarters.
- April 8<sup>th</sup> is Child Abuse Prevention Lunch and Learn Seminar and the building is open to get free lunch with a great panel to discuss child abuse prevention. Child Builders will provide free training for those that want to stay afterwards. The only requirement is to register. Last month's lunch and learn topic was animal cruelty.
- HISD is still actively running the drills and lockdown procedures on campuses.

**7. Announcements**

- Program review has been rescheduled to March 20<sup>th</sup>
- Senate Bill 30 meeting open to the public on April 17<sup>th</sup> at the Crimestoppers building from 6pm-9pm. Michelle will send details by email.
- Senate Bill 30 will be tracked by the Wraparound Specialist at each school.
- Next meeting April 4, 2019.

**Meeting adjourned at 7:13pm.**