

**School Health Advisory Council (SHAC) Meeting Minutes**  
Thursday, May 2, 2019

**Location:** Room 1E01, Hattie Mae White Educational Support Center

**Note Taker:** Chante Gary

<b>Members Present</b>		
<b>Parents</b> Jenny Mondragon Dominique Patterson Michelle Sacks	<b>Community</b> Sandra Castro (CC) Amanda Krippel Kim Lopez Treva Mott (CC) Kara Ihedigbo Joseph Le Martha Pacelli Angela Rubio Ruth Buzi	<b>District</b> Don Carter Felicia Ceaser-White Nan Cramer Elaine Gomez Gwen Johnson Chante' Means-Gary Angela Rubio Lisa BlackmonJones Delia Thibodeaux
<b>Guests</b> Efrat Gabay (UTHealth) Paula Cuecara (UTHealth)		

Felicia Ceaser-White (SHAC co-chair) called the meeting to order at 5:35pm.

Minutes from SHAC meeting on April 4, 2019 were approved by Kim Lopez and Delia Thibodeaux

**1. All for Them (CPRPT-funded) Adolescent Vaccination Project**

Efrat Gabay gave a power point overview of the vaccination initiative HISD middle schools were involved in and the results of their efforts.

- Vaccination numbers of children were up overall
- HPV number of cases were down
- UT, Memorial Herman, Baylor, and Texas Children hospitals were a part of the vaccination project
- Bundle approach of Tdap, HPV, Hepatitis A, Influenza, and Meningococcal was used for vaccinations
- Several marketing modes were used to reach parents and students such as social media, postcards, phone apps, mobile billboards, backpacks
- 222 nurses participated in the *All for Them* training to help raise the number of children vaccinated and encourage nurses to make any changes to their professional practices
- UT is hoping to educate parents about HPV and dispel any myths that would inhibit vaccinating all children in schools and community

**2. Dairy Max/Fuel Up to Play 60**

Sandra Castro shared highlights of this year's Dairy Max/Fuel Up to Play programs in HISD schools.

- HISD had 30 participating Fuel-Up to Play schools

- 4 assemblies with TORO Texans mascot took place at the following schools: Rusk, Piney Point, Burnett, and Caldwell
- Flag football kits were given to Sutton Elementary
- Piney Point also won Yogurt Got Game/Bulletin Board Contest receiving PE equipment and yogurt machine for smoothies.
- Promoted Fuel Up 2 Play App for fitness challenges
- 2019 Texans Fuel Greatness Huddle Event will be held May 23<sup>rd</sup> at NRG Stadium from 9 a.m. – 12 p.m.

### **3. Program Review Committee**

Felicia Ceaser-White led the SHAC discussion on findings from the SHAC Review Committee on 3 programs: Legacy Health Center, teacher resource book Gender Quest, and nutrition program Common Thread.

- Legacy Health Center can be used for referrals but not to go into classes to teach health curriculum
- Gender Quest Workbook will not be given out to teachers but will be used as a resource to train teachers about gender expression and gender identity
- Common Thread Nutrition Program is presently being used in Rusk and Piney Point schools but there could be a future conflict with HISD Nutrition Services as they develop their own district nutrition program.
- Participating schools may continue Common Thread Program (maintaining efficacy) until further notice
- Next SHAC Program Review will be June 18<sup>th</sup> at Hattie Mae White Educational Learning Center 9 a.m. – 12 p.m.

### **4. Wellness Policy updates**

Eric Ratliff was not in attendance.

- Voting on the Wellness Policy was tabled to allow SHAC members more time to review and critique the policy.

### **5. Alliance for a Healthier Generation (AHG) SHAC evaluation**

Amanda Krippel notified SHAC members that AHG was going to conduct a survey about the Houston ISD SHAC (pending district research approval)

- Survey consists of a 30-minute survey (over the phone or face to face); \$50 Target gift card as an incentive for participation;
- Houston ISD is the only district in the evaluation, selected because of its effectiveness.
- Amanda passed out waivers for SHAC members to sign and return to participate in the phone survey.

### **6. Health and Medical Services**

Gwen Johnson gave a brief update on the Blessed Beginnings program and Lisa BlackmonJones gave update Adolescent Health Conference

- Blessed Beginnings Program presented by Catholic Charities is a parenting/prenatal instruction presently in 3 HISD high schools. After discussion of Blessed Beginnings

it was determined that Catholic Charities might not be following HISD guidelines for outside presenters and needs to re-present to the SHAC Review Committee concerning their programs. SHAC members will seek feedback from participating schools concerning Blessed Beginnings program.

- Highlights from the Adolescent Health Conference sessions included tips on how to change adolescent behaviors through problem-solving skills, LGBT youth panel sharing their struggles accessing healthcare providers, and the furthering of LGBT sexual health awareness and education amongst educators, physicians, and community.

### **3. Nutrition Services (NS) updates**

Nan Cramer provided an update on the USDA school gardens grant

- Now accepting and reviewing applications for five campuses to receive funding for school gardens and curriculum – priority given to schools without a garden;
- Grant ends next year, campus can seek funds from other donors (about \$400 needed per campus); City of Houston, Texas AgriLife, Urban Harvest, and Houston Livestock Show & Rodeo are possibilities.

### **4. School Safety updates**

Felicia Ceaser-White provided updates on safety activities

- The National Summit on School Safety was recently held at the Region 4 ESC with people from across the nation attending;
- Child Abuse Lunch & Learn on April 8; several other handouts on Prom Safety and Sexual Assault Prevention distributed to SHAC members via email;

### **5. Health and Physical Education (HPE) updates**

- HPE awarded the TPWD- COOP Grant
- Adventure Outdoor Education Activities - Fishing Trip (HS) Camping (ES)
- Proposed a Summer Adventure Outdoor Camp at 6 schools
- CDC-DASH Grant Year 2 Continuation Application submitted
- Participating in a CDC-DASH Focus Group (Stafford, TX) 5/9/19
- PD- Health Smart Curriculum Training 4/17-19/19, 35 Health Education teachers attended.
- PD- Alliance for Healthier Generation 4/25/19, 42 K-12 Health Physical Education teachers attended
- Submitted the 2019 YRBS survey materials to WESTAT for 81 secondary campuses (May2019)

### **7. Announcements**

SHAC members identified several events and activities;

- June 18, 2019 Program Review

Meeting adjourned at 6:35pm.