



**Family and Community Engagement**  
EMPOWERING FAMILIES. ADVANCING LEARNING.

---

# 2018 COMMUNITY RESOURCE GUIDE

---

---

FAMILY MENTAL HEALTH

---



Dr. Grenita Lathan  
Interim Superintendent of Schools

# Houston Independent School District Board of Education

Elizabeth Santos

**District I**

Rhonda Skillern-Jones

**District II**

Sergio Lira

**District III**

Jolanda Jones

**District IV**

Sue Deigaard

**District V**

Holly Maria Flynn Vilaseca

**District VI**

Anne Sung

**District VII**

Diana Dávila

**District VIII**

Wanda Adams

**District IX**

Grenita Lathan, Interim Superintendent of Schools  
Rick Cruz, Chief Strategy and Innovation Officer  
Dr. Kenneth Davis, Assistant Superintendent Equity & Outreach

## **Family and Community Engagement Department**

4400 West 18<sup>th</sup> Street, Houston, Texas 77092

[www.HoustonISD.org/face](http://www.HoustonISD.org/face)

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/or gender expression in its educational or employment programs and activities.

## EXECUTIVE SUMMARY

Welcome to the revised and expanded **Houston Independent School District (HISD) Family and Community Engagement (FACE) 2018 Community Resource Guide**. Its primary intended audiences are administrators and teachers in HISD and the parents, guardians, families, and communities they serve.

### Structure and Organization

In its fifth edition, the **2018 Community Resource Guide** now includes 47 topics and 1,160 profiles. The profiles encompass 530 unique organizations. A profile is the total description of an entry. An entry is an organization and its total profile under a given topic. A topic is the total collection of profiles for a specific area of interest. The **Guide** consistently uses 15 headings as prompts for information. A heading is a specific question of interest. Each heading is repeated across all entries and within all topics.

### Methods Used

In identifying possible topics and profiles for this new, revised edition of the **Guide**, HISD FACE staff members:

1. Used service providers' websites as the primary information resource.
2. Consulted with peers in other departments for input and insights about service providers.
3. Sent emails with questions to selected organizations for which there were gaps in information.
4. Made phone calls to selected organizations for which there were also gaps in information.
5. Reviewed successive drafts to assess quality, completeness, and ease of use.
6. Included a **Product Evaluation Form** for feedback from schools, families, and other users.

### Disclaimer

This revised **Guide** is intended to be a quick reference resource for HISD schools and families. Inclusion in it does not denote endorsement or recommendation. Please send information about new resources, as well as any updates, corrections, and comments to [FACE@HoustonISD.org](mailto:FACE@HoustonISD.org).

### Evaluation Form

A two-page Product Evaluation Form appears at the end of the PDF version of the **Guide** and at the end of each of its topic briefs. We would welcome your feedback!

**Family Mental Health:**

1. Baylor College of Medicine – Baylor Psychiatry Clinic
2. Catholic Charities of the Archdiocese of Galveston-Houston
3. Children’s Assessment Center
4. City of Houston – Multi-Service Centers
5. Continuum Integrated Treatment Centers
6. Covenant House Texas
7. DAYA Inc.
8. DePelchin Children’s Center
9. Depression and Bipolar Support Alliance
10. El Centro de Corazon Behavioral Health Services
11. Family Enrichment Clinic
12. Family Services of Greater Houston
13. Gateway to Care
14. Good Neighbor Healthcare Center
15. Harris County Mobile Crisis Outreach Team
16. Harris County Neuropsychiatric Center Hospital
17. Healthcare for the Homeless Inc.
18. HGI Counseling Center
19. Houston Behavioral Healthcare Hospital
20. Houston OCD Program
21. Houston Police Department – Mental Health Division
22. IntraCare Behavioral Health
23. Jewish Family Service
24. Legacy Community Health Services
25. Memorial Assistance Ministries
26. Mental Health America of Greater Houston
27. Montrose Center
28. National Alliance on Mental Illness – Greater Houston
29. Saint Hope Foundation
30. Saint Joseph House
31. Texas Medical Center – Child and Adolescent Psychiatry
32. The Arc of Greater Houston
33. The Center for Success and Independence
34. The Council on Recovery
35. The Harris Center for Mental Health and IDD – Children and Adolescent Services
36. The University of Houston – ADAPT Center
37. The University of Houston – Psychology Research and Services Center
38. The University of Texas – Harris County Psychiatric Center
39. West Oaks Hospital Mental Health Services

	<b>Phone</b>	<b>Ages/Grades Served</b>	<b>Costs</b>	<b>Onsite at Schools</b>	<b>Languages</b>
1	713-798-4857	Adults ages 18+	Costs vary	Yes	English
2	713-526-4611 713-874-6590	All ages	Costs vary	No	English, Spanish
3	713-986-3300	Ages 0-17	Costs vary	No	English
4	832-393-3800 832-393-5454 832-395-0320 832-395-0472 832-393-5950	Ages 3-17 and Adults ages 18+	Free	No	English, Spanish
5	713-383-0888	Ages 4-17 and Adults ages 18+	Costs vary	No	English, Spanish

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
6	713-523-2231	Ages 10-17 and Adults ages 18-20	Free	No	English
7	713-981-7645	All ages	Free	No	Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Tulu, Urdu
8	713-730-2335 713-802-3852	Ages 0-18	Costs vary	Yes	English, Spanish
9	713-600-1131	Ages 13-17 and Adults ages 18+	Free	Yes	English, Spanish
10	713-660-1880	All ages	Costs vary	No	English, Spanish
11	713-780-2833	All ages	Costs vary	Yes	American Sign Language, Chinese, English, Hindi, Korean, Punjabi, Spanish, Taiwanese, Urdu, Vietnamese
12	713-861-4849	Ages 3-18	Costs vary	Yes	English, Spanish
13	713-783-4616	All ages	Costs vary	No	English, Spanish, Vietnamese
14	713-529-3260 713-529-3597 713-387-7196	Ages 0-17	Costs vary	No	English, Spanish
15	713-970-7000 713-970-7520	All ages	Costs vary	Yes	English, Spanish
16	713-970-7070	Ages 3-17 and Adults ages 18+	Free	No	English
17	713-286-6000 713-286-6170	All ages	Free	No	English
18	713-526-8390	Grades K-12 and Adults ages 18+	Costs vary	Yes	English, Spanish
19	832-834-7710	Ages 13-17 and Adults ages 18+	Costs vary	No	English, Spanish
20	713-526-5055	Ages 12-17 and Adults ages 18+	Costs vary	No	English
21	832-394-4200	Adults ages 18+	Free	No	English, Spanish
22	281-893-7200 731-333-3771	Ages 6-17 and Adults ages 18+	Costs vary	No	English, Spanish
23	713-667-9336	All ages	Costs vary	No	English, Hebrew, Russian
24	713-351-7350 281-498-6100 832-548-5400 713-779-7200 832-548-5100 832-548-5300	All ages	Costs vary	No	English, Spanish
25	713-468-4516	All ages	Costs vary	No	English, Spanish
26	713-523-8963	Grades PK-12	Costs vary	No	English
27	713-529-0037	Ages 13-17 and Adults ages 18+	Costs vary	Yes	English, Spanish, Vietnamese
28	713-970-4419 713-970-4489	All ages	Free	No	Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese
29	713-839-7111	All ages	Costs vary	No	English, French, Portuguese, Spanish, Vietnamese
30	713-523-5958	Adults ages 18+	Free	No	English, Pilipino, Spanish
31	713-486-2700	Ages 0-18	Costs vary	No	English

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
32	713-957-1600	All ages	Costs vary	No	English, Spanish
33	713-426-4545	Ages 13-17 and Adults ages 18-19	Costs vary	No	English
34	281-200-9281 713-914-0556	Ages 3-18	Costs vary	No	English
35	713-970-7000 866-970-4770 713-970-7070	Ages 3-17	Costs vary	No	English
36	713-743-0950	Ages 12-17	Costs vary	No	English
37	713-743-8600	All ages	Costs vary	No	English
38	713-741-3883	Ages 3-17	Costs vary	No	English, Spanish
39	713-995-0909 713-774-0606	Ages 6-17	Costs vary	No	English

### Baylor College of Medicine – Baylor Psychiatry Clinic

**Address:** 1977 Butler Boulevard, Houston, TX 77030

**Area Served:** Greater Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Philip Abraham

**Phone:** 713-798-4857

**Fax:** 713-798-3138

**Email:** [psychiatry@bcm.edu](mailto:psychiatry@bcm.edu)

**Website:** <https://www.bcm.edu/healthcare/care-centers/psychiatry/services>

**Local Bus Routes:** 11, 60

**Ages/Grades Served:** Adults ages 18+

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts major insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Offers speakers to present about mental health to community groups.

**Languages:** English

**Direct Services:** Provides assessments and therapy for adults with disruptive behaviors, mood disorders, anxiety disorders, personality disorders, and eating disorders. • Offers marital and couples therapy and pre-marital counseling. • Offers speakers to present about mental health topics of interest to community groups.

### Catholic Charities of the Archdiocese of Galveston-Houston

**Area Served:** Greater Houston

Location	Address	Phone	Bus Routes
Central Office	2900 Louisiana Street, Houston, TX 77006	713-526-4611 713-874-6590	700 (METRO rail), 82, 85, 160
Moran Health Center	2615 Fannin Street, Houston, TX 77002	713-526-4611 713-874-6590	700 (METRO rail), 54, 85, 160
South Houston	1300 Bay Area Boulevard, Suite 229, Houston, TX 77058	713-526-4611 713-874-6590	246, 249
West Houston	625 Nottingham Oaks Trail, Houston, TX 77079	713-526-4611 713-874-6590	67, 162

**Days/Hours:** Monday-Friday, 7:30am-5:30pm

**Contact:** Ernesto Lopez, Jr.

**Fax:** 713-526-1546

**Email:** Not available

**Website:** <https://www.catholiccharities.org/our-services/strengthening-families/counseling-services>

**Ages/Grades Served:** All ages

**Eligibility:** Requires proof of income, proof of identity, and proof of residency.

**Costs:** Costs vary. • Charges fees on a sliding scale based on family income. • Accepts some insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers individual, couple, and family counseling, as well as workshops and presentations for men, women, and children. • Helps youth who are dealing with peer pressure or bullying. • Helps parents who need guidance in raising children with behavioral issues. • Helps persons who are struggling with anger or anxiety or who are feeling sad and alone, and helps adults and youth who are coping with daily stresses in life.

### Children’s Assessment Center

**Address:** 2500 Bolsover Street, Houston, TX 77005

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Lawrence Thompson, Jr., Director of Therapy and Psychological Services

**Phone:** 713-986-3300

**Fax:** 713-986-3553

**Email:** General questions: [info@cac.hctx.net](mailto:info@cac.hctx.net). • Programs: [lawrence.thompson@cac.hctx.net](mailto:lawrence.thompson@cac.hctx.net).

**Website:** <http://cachouston.org/therapy-psychological-services>

**Local Bus Routes:** 27, 84

**Ages/Grades Served:** Ages 0-17

**Eligibility:** Must be a child victim of abuse, a sibling of a child victim of abuse, or a non-offending caregiver of a child victim of abuse.

**Costs:** Costs vary. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers crisis intervention and psychological evaluations to group, family, and individual therapy of child victims, siblings, and non-offending caregivers. • Provides a safe haven for children while awaiting services or during investigations of alleged abuse. • Offers resources about prevention, interventions, and treatments for child sexual abuse.

### City of Houston – Multi-Service Centers

**Area Served:** Houston

Location	Address	Phone	Family Mental Health Days/Hours	Bus Routes
Fifth Ward	4104 Market Street, Houston, TX 77020	832-393-3800	Monday- Friday, 8am-5pm	29, 48
Kashmere	4802 Lockwood Drive, Houston, TX 77026	832-393-5454	Monday-Friday, 8am-2pm	26, 80
Magnolia	7037 Capitol Street, Houston, TX 77011	832-395-0320	Monday-Thursday, 8:30am-8:30pm, Friday, 8:30pm-3:30pm	20, 50
Northeast	9720 Spaulding Street, Houston, TX 77016	832-395-0472	Monday-Friday, 8am-3pm	3, 45
West End	170 Heights Boulevard, Houston, TX 77007	832-393-5950	Thursday-Friday, 8am-5pm	40, 66, 71, 85

**Contact:** Fifth Ward: Not available. • Kashmere: Not available. • Magnolia: Ivonne Ledet and Caryn Lira. • Northeast: Rhonda James. • West End: Sopheak Pen.

**Fax:** Fifth Ward: 832-393-3805. • Kashmere: 832-393-5494. • Magnolia: 832-395-3437. • Northeast: 832-393-0506. • West End: 832-393-5977.

**Email:** [webadmin@houstontx.gov](mailto:webadmin@houstontx.gov)

**Website:** <http://www.houstontx.gov/health/MSC>

**Ages/Grades Served:** Ages 3-17 and adults ages 18+

**Eligibility:** Access to services may require proof of identity, proof of residence, and proof of income. • Call to ask the specific multi-service center about its specific programs related to family mental health.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Services vary by location. • Centers offer varying combinations of case management, counseling, information and referrals to mental health providers, mental health assessments, and onsite services for young children with developmental delays or for senior citizens.

### Continuum Integrated Treatment Centers

**Address:** 3003 South Loop West, Suite 475, Houston, TX 77054

**Area Served:** Greater Houston

**Days/Hours:** Monday, 9am-8pm, Tuesday-Wednesday, 9am-6pm, Thursday, 9am-8pm, Friday, 9am-6pm, Saturday, 9am-4pm

**Contact:** Not available

**Phone:** 713-383-0888

**Fax:** Not available

**Email:** [email@continuum-ihs.com](mailto:email@continuum-ihs.com)

**Website:** <http://www.continuumintegrated.com>

**Local Bus Routes:** 14, 84

**Ages/Grades Served:** Ages 4-17 and adults ages 18+

**Eligibility:** Requires parents to make the first appointments for children ages 4-17.

**Costs:** Costs vary. • Accepts major health insurance plans, Medicaid, the Children's Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides therapy and treatment for emotional and behavioral problems such as anxiety disorders, attention deficit hyperactivity (ADHD) disorders, impulse control disorders, mood disorders, psychotic disorders, and substance use disorders. • Offers health and nutrition education, physical examinations, and psychiatric evaluations. • Offers therapy to help adolescents to deal with anxiety, behavioral problems, depression, family or relationship issues, mood-related disorders, and stress. • Also offers a full range of behavioral health services for adults.

### Covenant House Texas

**Address:** 1111 Lovett Boulevard, Houston, TX 77006

**Area Served:** Harris County

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Victor Hay, Director of Community Services

**Phone:** 713-523-2231

**Fax:** Not available

**Email:** [vhay@covenanthousetx.org](mailto:vhay@covenanthousetx.org)

**Website:** <https://www.covenanthousetx.org/Programs>

**Local Bus Routes:** 56, 82

**Ages/Grades Served:** Ages 10-17 and adults ages 18-20

**Eligibility:** Focuses services on homeless and at-risk youth and on youth who have suffered physical, sexual, and/or emotional abuse from parents or guardians. • Must be a homeless or runaway youth and ages 10-20. • Must live in the service area.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides mental health counseling, psychiatric evaluations, and treatment referrals. • Offers walk-in services, free medical care, comprehensive case management, substance abuse counseling, educational and vocational training, and life skills training. • Provides programs for aftercare, permanent housing, runaway prevention, street outreach, and transitional living. • Also provides a crisis shelter.



## DAYA Inc.

**Address:** 3300 South Gessner Road, Suite 203, Houston, TX 77063

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 9am-5pm

**Contact:** Sesh Bala, President

**Phone:** Office: 713-842-7222. • Help Line: 713-981-7645.

**Fax:** 713-583-1822

**Email:** [contact@dayhouston.org](mailto:contact@dayhouston.org)

**Website:** <http://www.dayahouston.org/counseling-advocacy>

**Local Bus Routes:** 25, 46

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions. • Focuses on the South Asian community of Houston.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** Assamese, Bengali, English, Gujarati, Hindi, Kannada, Malayalam, Marathi, Nepali, Punjabi, Sindhi, Tamil, Telugu, Tulu, Urdu

**Direct Services:** Provides confidential and culturally sensitive services to women and children in crisis situations such as domestic violence, sexual assault, and child abuse. • Offers crisis counseling for individuals and offers a support group for survivors of domestic violence. • Provides interpretation in all major South Asian languages.

## DePelchin Children's Center

**Address:** 4950 Memorial Drive, Houston, TX 77007

**Area Served:** Greater Houston

**Days/Hours:** Office: Monday-Friday, 8am-5pm. • Appointments: Saturday, 8am-12pm.

**Contact:** Meredith Rose, Parent Education Program Coordinator

**Phone:** Appointments: 713-730-2335. • Programs: 713-802-3852.

**Fax:** 713-802-3801

**Email:** [info@depelchin.org](mailto:info@depelchin.org)

**Website:** <https://www.depelchin.org/mental-health>

**Local Bus Routes:** 27, 71, 85

**Ages/Grades Served:** Ages 0-18

**Eligibility:** Requires proof of income and proof of identity. • Must have an appointment.

**Costs:** Costs vary. • Charges fees on a sliding scale based on the gross income of a family and the number of persons in the household. • Accepts private insurance plans, Medicaid, the Children's Health Insurance Program (CHIP), and self-pay options.

**Onsite at Schools:** Yes. • Offers school-based programs for elementary and middle schools aimed at positive youth development and prevention of substance abuse, bullying, and delinquency.

**Languages:** English, Spanish

**Direct Services:** Helps families to deal with managing anger, anxiety, behavior problems, depression, family conflict, loss and grief, school problems, and resolving trauma. • Offers individual, family, and group therapy and trauma-focused treatment. • Also offers psychiatry and psychological testing.

## Depression and Bipolar Support Alliance

**Address:** PO Box 27607, Houston, TX 77227

**Area Served:** Greater Houston

**Days/Hours:** Office: Monday-Friday, 8am-5pm. • Support group meetings: Monday-Friday, 5:30pm-7pm or 7pm-8:30pm or Saturday, 10am-11:30am.

**Contact:** Megan Gust, Senior Program Manager

**Phone:** 713-600-1131

**Fax:** 713-600-1137

**Email:** General questions: [dbsahouston@dbsahouston.org](mailto:dbsahouston@dbsahouston.org). • Programs: [gust@dbsahouston.org](mailto:gust@dbsahouston.org).

**Website:** <http://www.dbsahouston.org/list-of-houston-support-groups>

**Local Bus Routes:** Not available

**Ages/Grades Served:** General support groups and caregivers support groups: Adults ages 18+. • Adolescent support groups: Ages 13-17. • Young adults support groups: Adults ages 18-30.

**Eligibility:** No area restrictions. • Call to ask about the weekly meeting times of a specific support group.

**Costs:** Free

**Onsite at Schools:** Yes. • Offers depression and bipolar support groups at 11 HISD schools.

**Languages:** English, Spanish

**Direct Services:** At 24 locations, offers support groups to help individuals, family members, and friends to understand depression and bipolar disorder. • Also educates the public about depression and bipolar disorder, confronts social stigma, and advocates for the rights of persons who live with mental disorders. • Types of support groups include: general support, adolescent, young adults, and Spanish-speaking persons.

### El Centro de Corazón – Behavioral Health Services

**Area Served:** Houston

Location	Address	Medical Days/Hours	Dental Days/Hours	Bus Routes
Eastwood	412 Telephone Road, Houston, TX 77023	Monday-Friday, 8am-5pm	Monday-Thursday, 7am-4:30pm	40, 41
John S. Dunn	7635 Canal Street, Houston, TX 77012	Monday-Friday, 8am-8pm, Saturday, 9am-4pm	Monday-Wednesday, 7:30am-6:30pm, Thursday- Saturday, 7:30am-4:30pm	20, 50, 76
Magnolia	7037 Capitol Street, Houston, TX 77011	Monday-Friday, 8am-5pm	Not available	20, 50, 76

**Contact:** Kavon Young, Medical Director

**Phone:** 713-660-1880

**Fax:** 713-926-9105

**Email:** [kyoung@elcentrodecorazon.org](mailto:kyoung@elcentrodecorazon.org)

**Website:** <http://www.elcentrodecorazon.org/services/behavioral-health-services>

**Ages/Grades Served:** All ages

**Eligibility:** Requires proof of identity, proof of income, and proof of residence. • Accepts walk-ins.

**Costs:** Costs vary. • Accepts Medicaid and the Children's Health Insurance Program (CHIP). • Charges fees on a sliding scale. • Serves the uninsured and those unable to pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides behavioral health services: counseling, support groups, psychiatric evaluations, psychological evaluation and testing, therapy (individual, family, and group), trauma treatment, and management of medications. • Also provides primary healthcare, pediatric, prenatal, nutrition education, and dental services.

### Family Enrichment Clinic

**Address:** 7100 Regency Square, Suite 136, Houston, TX 77036

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 9:30am-6pm, Saturday, 9am-2pm

**Contact:** Minly Sung, Outreach Coordinator

**Phone:** 713-780-2833

**Fax:** 713-780-2838

**Email:** [office@familyenrichmentclinic.com](mailto:office@familyenrichmentclinic.com)

**Website:** <http://www.familyenrichmentclinic.com/Services.html>

**Local Bus Routes:** 152, 153

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions. • Must have a psychological evaluation before diagnosis and treatment.

**Costs:** Costs vary. • Accepts most major health insurance plans, Medicaid, and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Offers seminars and workshops to schools.

**Languages:** American Sign Language, Chinese, English, Hindi, Korean, Punjabi, Spanish, Taiwanese, Urdu, Vietnamese

**Direct Services:** Offers psychotherapy and counseling for individuals, couples, families, and groups. • Offers play therapy for young children and psychosocial evaluations. • Also offers workshops about anger management, cultural awareness, effective communication, family enrichment, parenting, and stress management.

### Family Services of Greater Houston

**Area Served:** Greater Houston

Location	Address	Phone	Fax	Bus Routes
Central Office	4625 Lillian Street, Houston, TX 77007	713-861-4849	713-861-4021	25, 27, 41
Administration	2700 Southwest Freeway, Suite 209, Houston, TX 77098	713-861-4849	713-861-4021	71, 85

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Deidrea Jackson, Vice President of Program Services and Accreditation

**Email:** [family@familyhouston.org](mailto:family@familyhouston.org)

**Website:** <http://www.familyhouston.org/houston-counseling>

**Ages/Grades Served:** Ages 3-18

**Eligibility:** Requires an appointment.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts all major insurance plans, Medicaid, and Children's Health Insurance Program (CHIP). • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Provides onsite counseling to students and families in 14 HISD schools.

**Languages:** English, Spanish

**Direct Services:** Helps families and children to develop coping skills to manage mental health issues.

### Gateway to Care

**Address:** 3611 Ennis Street, Houston, TX 77004

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Rosaisela Martinez, Outreach and Education Program Coordinator

**Phone:** 713-783-4616

**Fax:** 713-785-3077

**Email:** [rmartinez@gatewaytocare.org](mailto:rmartinez@gatewaytocare.org)

**Website:** <http://gatewaytocare.org/programs/navigation-outreach-education>

**Local Bus Routes:** 9, 25, 54

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish, Vietnamese

**Direct Services:** Helps families to find, apply for, and enroll in health insurance programs. • Helps families to establish and use a health home with a healthcare provider.

## Good Neighbor Healthcare Center

**Address:** 190 Heights Boulevard, Houston, TX 77007

**Area Served:** Houston

**Days/Hours:** Monday, 8am-5pm, Tuesday, 8am-8pm, Wednesday-Friday, 8am-5pm, Saturday, 8am-12pm

**Contact:** Ann Thielke, Chief Executive Officer

**Phone:** Same-day appointments: 713-529-3260. • Medical appointments: 713-529-3597. • Dental appointments: 713-387-7196.

**Fax:** 713-529-9169

**Email:** Not available

**Website:** <http://www.gnhc.org/mentalbehavioral-health>

**Local Bus Routes:** 40, 66, 71, 85

**Ages/Grades Served:** Ages 0-17

**Eligibility:** Requires proof of income and proof of identity. • Parents/guardians must bring child immunization records to every medical visit and must come with the child. • Accepts appointments only.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts the Children's Health Insurance Program (CHIP), Medicaid, Medicare, and some types of private insurance. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides outpatient mental health care for anxiety, depression, and substance abuse. • Also offers community-based family medical care, dental care, eye care, nutrition education, and social services. • Provides prenatal care, well-child exams, immunizations, sports/school/physical education exams, and acute illness visits.

## Harris County Mobile Crisis Outreach Team

**Address:** 9401 Southwest Freeway, Houston, TX 77074

**Area Served:** Harris County

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Not available

**Phone:** Office: 713-970-7000. • Referrals Hotline: 713-970-7520.

**Fax:** 713-970-7555

**Email:** Not available

**Website:** <http://www.mhmraharris.org/Mobile-Crisis-Outreach-Team.asp>

**Local Bus Routes:** 46, 65, 68

**Ages/Grades Served:** All ages

**Eligibility:** Must be in Harris County at the time of crisis. • Must meet admissions criteria.

**Costs:** Costs vary. • Charges fees based on a sliding scale based on income. • Provides assistance regardless of ability to pay. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Responds to referrals from schools among other sources of referrals.

**Languages:** English, Spanish

**Direct Services:** Helps persons in need of a crisis assessment. • Links persons in crisis to sources of treatment and other services. • Responds to referrals from schools, law enforcement, community agencies, individuals, and families.

## Harris County Neuropsychiatric Center Hospital

**Address:** 1502 Taub Loop, Houston, TX 77030

**Area Served:** Harris County

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Not available

**Phone:** 24-hour helpline: 713-970-7070.

**Fax:** Not available

**Email:** [publicaffairs@mhmraharris.org](mailto:publicaffairs@mhmraharris.org)

**Website:** <http://www.mhmraharris.org/neuro-psychiatric-center.asp>

**Local Bus Routes:** 700 (METRO rail), 56

**Ages/Grades Served:** Ages 3-17 and adults ages 18+

**Eligibility:** No area restrictions.

**Costs:** Free, but visitor parking is \$10 per day. • Accepts patients regardless of ability to pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides crisis and emergency care. • Evaluates persons who have emergent or urgent psychiatric conditions. • Helps persons diagnosed with adjustment disorders, anger, anxiety disorders, bipolar disorder, depression, disruptive behavior disorders, dual diagnoses, paranoia, personality disorders, schizoaffective disorder, and schizophrenia.

### Healthcare for the Homeless Inc.

**Address:** 1934 Caroline Street, Houston, TX 77002

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Susan Crawford, Administrative Coordinator

**Phone:** Office: 713-286-6000. • Behavioral services: 713-286-6170.

**Fax:** Office: 713-286-6091. • Behavioral services: 713-286-6093.

**Email:** [susan.crawford@bcm.edu](mailto:susan.crawford@bcm.edu)

**Website:** <http://www.homeless-healthcare.org>

**Local Bus Routes:** 44, 85, 161, 162, 244, 246, 247

**Ages/Grades Served:** All ages

**Eligibility:** Must be homeless. • Requires a medical pre-screening.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides psychiatry, mental health counseling, and substance abuse counseling. • Also provides health education, pharmacy, primary healthcare, vision assistance, and information and referrals. • Offers full-service, comprehensive dental care. • Provides transportation to essential services such as healthcare, meals, shelter, and social services.

### HGI Counseling Center

**Address:** 2990 Richmond Avenue, Suite 530, Houston, TX 77098

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8:30am-5:30pm

**Contact:** Sue Levin, Executive Director

**Phone:** 713-526-8390

**Fax:** 713-528-2618

**Email:** [admin@talkinghgi.com](mailto:admin@talkinghgi.com)

**Website:** <http://www.talkhgi.org/hgi-in-the-schools>

**Local Bus Routes:** 25, 27, 84

**Ages/Grades Served:** Grades K-12 and adults ages 18+

**Eligibility:** Requires appointments.

**Costs:** Costs vary. • Each regular session is \$30-\$115. • Charges fees on a sliding scale based on income. • Accepts some insurance plans and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Offers on-site counseling in schools, homes, and other settings.

**Languages:** English, Spanish

**Direct Services:** Provides marital therapy, family therapy, and individual psychotherapy. • Offers counseling related to depression, domestic conflicts, family tensions, grief, parenting, sexual abuse, single parenting, suicide, trauma, and other personal and relational concerns.

## Houston Behavioral Healthcare Hospital

**Address:** 2801 North Gessner Road, Houston, TX 77080

**Area Served:** Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** George Santos, Chief Medical Officer and Executive Medical Director

**Phone:** 832-834-7710

**Fax:** Not available

**Email:** Not available

**Website:** <http://www.houstonbehavioralhealth.com/programs/houston-adolescent-services>

**Local Bus Routes:** 36, 46, 58

**Ages/Grades Served:** Ages 13-17 and adults ages 18+

**Eligibility:** Requires proof of insurance, proof of identity, and proof of custody or guardianship, if applicable.

**Costs:** Costs vary. • Offers free mental health assessments. • Other services charge fees. • Accepts Medicaid, Medicare, the Children's Health Insurance Program (CHIP), and private insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Offers assessments, referrals, and onsite treatment from specialists who work with adolescents and adults who are dealing with emotional and psychological disorders.

## Houston OCD Program

**Address:** 708 East 19th Street, Houston, TX 77008

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-6pm

**Contact:** Throstur Bjorgvinsson, Program Director

**Phone:** 713-526-5055

**Fax:** 713-526-3226

**Email:** [info@houstonocd.org](mailto:info@houstonocd.org)

**Website:** <http://houstonocdprogram.org>

**Local Bus Routes:** 26

**Ages/Grades Served:** Ages 12-17 and adults ages 18+

**Eligibility:** Requires payment at the time of service. • Requires patients to register.

**Costs:** Costs vary. • Initial evaluations are \$265-\$295. • Follow-up sessions are \$175-\$195. • Offers outpatient services at a reduced fee. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides residential support and intensive outpatient programs and an outpatient clinic. • Offers treatment for generalized anxiety disorder, hypochondriasis, obsessive-compulsive disorder, panic disorder, post-traumatic stress disorder, social anxiety disorder, tic disorders, and trichotillomania.

## Houston Police Department – Mental Health Division

**Address:** 150 North Chenevert Street, Houston, TX 77002

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Wendy Baimbridge, Captain

**Phone:** 832-394-4200

**Fax:** Not available

**Email:** [wendy.baimbridge@houstonpolice.org](mailto:wendy.baimbridge@houstonpolice.org)

**Website:** <http://www.houstoncit.org>

**Local Bus Routes:** 700 (METRO rail), 20, 51

**Ages/Grades Served:** All ages, but generally adults ages 18+

**Eligibility:** No area restrictions. • Online mental health emergency guide is available to the general public.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Responds to individuals in serious mental health crises. • Provides an online mental health emergency guide.

### IntraCare Behavioral Health

**Area Served:** Greater Houston

Location	Address	Phone	Fax	Bus Routes
IntraCare North Hospital	1120 Cypress Station Drive, Houston, TX 77090	281-893-7200	281-893-7646	99
IntraCare Clinic/Intensive Outpatient Program	2626 South Loop West, Suite 430, Houston, TX 77054	731-333-3771	281-893-7646	14, 84

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Not available

**Email:** Not available

**Website:** <http://www.intracare.org/pages/programs.htm>

**Ages/Grades Served:** Ages 6-17 and adults ages 18+

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Accepts most major insurance plans, Medicaid, Medicare, the Children's Health Insurance Program (CHIP), and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** For ages 6-12, provides expressive arts, parent education, support groups, therapeutic recreation, and therapy (individual, group, and multifamily group) to address emotional and behavioral problems that interfere with daily life, family, or school. • For ages 13-17, provides psychiatric and substance abuse services such as acute inpatient care, partial hospitalization, and aftercare family services. • Also provides a full range of adult psychiatric care. • Offers inpatient treatment and day treatment options.

### Jewish Family Service

**Address:** 4131 South Braeswood Boulevard, Houston, TX 77025

**Area Served:** Houston

**Days/Hours:** Monday, 8:30am-9pm, Tuesday-Thursday, 8:30am-5:30pm, and Friday, 8:30am-4pm

**Contact:** Sophie Gluzkater, Clinical Director

**Phone:** Appointments: 713-667-9336. • Programs: 713-667-9336 Ext. 127.

**Fax:** 713-667-3619

**Email:** General questions: [info@jfshouston.org](mailto:info@jfshouston.org). • Programs: [sgluzkater@jfshouston.org](mailto:sgluzkater@jfshouston.org).

**Website:** <http://www.jfshouston.org/counselingservices.php>

**Local Bus Routes:** 4, 68

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Charges fees based on a flexible fee scale. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Hebrew, Russian

**Direct Services:** Helps with issues relating to addictive behavior, anxiety or depression, behavioral problems, bereavement, child abuse and family violence, health problems, and interpersonal relationships. • Also helps with issues relating to blended families, marriage and intermarriage, parenting, and personal growth and adjustment.

## Legacy Community Health Services

**Area Served:** Harris County

Location	Address	Phone	Fax	Days/Hours	Bus Routes
Baker-Ripley Clinic	6500 Rookin Street, Building B Suite 200, Houston, TX 77074	713-351-7350	713-351-7351	Monday-Friday, 8am-4pm	2, 9, 47
Bissonnet Clinic	12667 Bissonnet Street, Houston, TX 77099	281-498-6100	281-498-6105	Monday, 8am-5pm, Tuesday, 8am-8pm, Wednesday-Friday, 8am-5pm, Saturday, 9am-1pm	65, 67
Lyons Clinic	5602 Lyons Avenue, Houston, TX 77020	832-548-5400	832-548-5482	Monday-Friday, 8am-5pm	66, 80, 137
Mapleridge Clinic	6550 Mapleridge Street, Suite 106, Houston, TX 77081	713-779-7200	713-665-2266	Monday-Wednesday, 8am-8pm, Thursday-Friday, 8am-5pm	33, 49
Montrose Clinic	1415 California Street, Houston, TX 77006	832-548-5100	832-548-5092	Monday-Wednesday, 8am-6:30pm, Thursday-Friday, 8am-5pm, Saturday, 9am-2pm	56, 82
Southwest Clinic	6441 High Star Drive, Houston, TX 77074	832-548-5300	713-779-9872	Monday-Friday, 7:30am-10pm, Saturday, 9am-6pm, Sunday, 12pm-7pm	9, 47, 402

**Contact:** Katy Caldwell, Executive Director

**Email:** [info@legacycommunityhealth.org](mailto:info@legacycommunityhealth.org)

**Website:** <http://www.legacycommunityhealth.org>

**Ages/Grades Served:** All ages

**Eligibility:** Requirements vary. • Call to ask about specific requirements.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), and most private insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** A network of community clinics offers outpatient behavioral health services including assessment, medication management, testing, and therapy for children and teenagers, as well as adults. • Provides assessment, diagnosis, and treatment of mental conditions such as anxiety, attention deficit disorders (ADD), autism spectrum disorders, bipolar disorder, depression, developmental delay, learning disabilities, and schizophrenia. • Provides therapy for individuals, couples, and families.

## Memorial Assistance Ministries

**Address:** 1625 Blalock Road, Houston, TX 77080

**Area Served:** Houston ZIP Codes: 77008, 77009, 77018, 77022, 77024, 77037, 77039, 77040, 77041, 77043, 77055, 77076, 77079, 77080, 77088, 77091, and 77092.

**Days/Hours:** Office: Monday-Friday, 9am-4pm.

**Contact:** Eduardo Molina, Counselor

**Phone:** General questions: 713-468-4516. • Programs: 713-468-4516, Ext. 115.

**Fax:** 713-468-4702

**Email:** [emolina@maministries.org](mailto:emolina@maministries.org)

**Website:** <http://www.maministries.org/mental-health-counseling>

**Local Bus Routes:** 26

**Ages/Grades Served:** All ages

**Eligibility:** Requires proof of identity and proof of residence.

**Costs:** Costs vary. • Call to ask about specific costs.

**Onsite at Schools:** No



**Languages:** English, Spanish

**Direct Services:** Provides counseling for children, adolescents, individuals, and families concerning anxiety, depression, grief and loss, trauma, coping skills, parenting skills, and behavioral issues. • Offers classes for citizenship, English as a Second Language (ESL), and General Education Development (GED). • Offers job search and employment assistance. • Provides temporary support for families to meet basic needs: urgent health care, food, clothing, transportation, and shelter.

### Mental Health America of Greater Houston – Center for School Behavioral Health

**Address:** 2211 Norfolk Street, Suite 810, Houston, TX 77098

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8:30am-5pm

**Contact:** Janet Pozmantier, Director

**Phone:** 713-523-8963

**Fax:** 713-552-0698

**Email:** General questions: [info@mhahouston.org](mailto:info@mhahouston.org). • Programs: [jpozmantier@mhahouston.org](mailto:jpozmantier@mhahouston.org).

**Website:** <http://www.mhahouston.org>

**Local Bus Routes:** 25, 27

**Ages/Grades Served:** Grades PK-12

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Membership is \$50-\$100 per year. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides advocacy for the behavioral health needs of school-age children with behavioral disorders and the needs of children who have experienced trauma. • Also provides community education, policy analysis, research, and training concerning the prevention, early identification, and treatment of behavioral disorders.

### Montrose Center

**Address:** 401 Branard Street, Room 101, Houston, TX 77006

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-7pm

**Contact:** Bob Hergenroeder, Operations and Prevention Director

**Phone:** Office: 713-529-0037. • LGBT Switchboard 24-hour helpline: 713-529-3211.

**Fax:** 713-526-4367

**Email:** [info@montrosecenter.org](mailto:info@montrosecenter.org)

**Website:** <http://www.montrosecenter.org/hub/services/behavioral-health>

**Local Bus Routes:** 700 (METRO rail), 56

**Ages/Grades Served:** Ages 13-17 and adults ages 18+

**Eligibility:** Must meet age requirements. • Requires proof of identity and proof of insurance. • Services are available to persons regardless of sexual orientation or gender identity. • Some services focus on persons who are lesbian, gay, bisexual, transgender, questioning, intersex, or allied (LGBTQIA).

**Costs:** Costs vary. • Accepts all insurance, Medicare, and Medicaid. • Offers discounts and grant subsidies for fees on a sliding scale based on income. • Intake and assessment are \$30-\$100. • Sessions are \$10-\$100 per person. • Call to ask about specific costs.

**Onsite at Schools:** Yes. • Some HATCH support groups meet on HISD high school campuses.

**Languages:** English, Spanish, Vietnamese

**Direct Services:** Offers outpatient behavioral health services to all HIV-positive persons. • Provides case management, counseling, group therapy, integrated care, and support groups. • Offers help with anxiety, chronic illness, coming out, depression, gender identity, gender transitions, grief, homophobia, mood disorders, parenting, relationships, religious abuse, self-esteem, stress, suicidal thoughts, and other concerns.

## National Alliance on Mental Illness – Greater Houston

**Address:** 3630 West Dallas Street, Suite 140, Houston, TX 77019

**Area Served:** Houston ZIP Codes: 77004, 77007, 77011, 77024, 77058, 77074, 77375, 77429, 77450, 77479, and 77502.

**Days/Hours:** Monday-Friday, 9am-5pm

**Contact:** Angelina Brown Hudson, Director of Education and Programs

**Phone:** General questions: 713-970-4419. • Programs: 713-970-4489.

**Fax:** 713-970-4436

**Email:** [abudson@namigreaterhouston.org](mailto:abudson@namigreaterhouston.org)

**Website:** <http://www.namigreaterhouston.org>

**Local Bus Routes:** 27, 85

**Ages/Grades Served:** All ages

**Eligibility:** Open to persons with mental illness and their family members, friends, and caregivers.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** Arabic, Chinese, English, Filipino, French, German, Hmong, Italian, Japanese, Korean, Lao, Persian, Punjabi, Russian, Spanish, Thai, Vietnamese

**Direct Services:** Provides support groups for persons living with mental illness: those living in recovery, those with a recent diagnosis of mental illness, and family members and friends of those living with mental illness. • Offers safe and supportive places for family and friends of persons with mental health issues to share, listen, and learn with mutual support of peers. • Trains school staff on specific, age-related symptoms of mental illness in youth and how best to intervene. • Holds 90-minute weekly or biweekly family support group meetings.

## Saint Hope Foundation

**Area Served:** Greater Houston

Location	Address	Phone	Fax	Days/Hours	Bus Routes
Office	6200 Savoy Street, Suite 540, Houston, TX 77036	713-778-1300	713-778-0827	Monday-Friday, 8am-6pm	47, 151, 152, 153
Bellaire Community Health Center	6800 West Loop South, Suite 560, Bellaire, TX 77401	713-839-7111	713-839-7156	Monday-Friday, 8am-6pm	2, 33
Greenspoint Community Health Center	255 Northpoint Drive, Suite 200, Houston, TX 77060	832-300-8040	832-300-8041	Monday-Friday, 8am-6pm	56, 85, 102

**Contact:** Rodney Goodie, Executive Director

**Email:** [rodney@offeringhope.org](mailto:rodney@offeringhope.org)

**Website:** <http://offeringhope.org>

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Accepts most major health insurance plans. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, French, Portuguese, Spanish, Vietnamese

**Direct Services:** Provides onsite behavioral health and psychiatric services. • Also provides family medicine, pediatric dental care, vision care, nutrition counseling, pharmacy, and community prevention services. • Offers medical transportation.

## Saint Joseph House

**Address:** 3307 Austin Street, Houston, TX 77004

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 8am-4pm

**Contact:** Doug Haase, Director

**Phone:** 713-523-5958

**Fax:** Not available

**Email:** [info@stjosphouse.org](mailto:info@stjosphouse.org)

**Website:** <http://www.stjosephhouse.org>

**Local Bus Routes:** 700 (METRO rail), 11

**Ages/Grades Served:** Adults ages 18+

**Eligibility:** Must have a mental health diagnosis.

**Costs:** Free

**Onsite at Schools:** No

**Languages:** English, Pilipino, Spanish

**Direct Services:** Provides psychiatric rehabilitation for persons coping with mental illness. • Helps persons to build self-esteem and self-confidence and to re-enter the job market and live independently.

## Texas Medical Center – Child and Adolescent Psychiatry

**Address:** 1941 East Road, Suite 2100, Houston, TX 77054

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Katherine Loveland, or Deborah Pearson, or Cynthia Santos

**Phone:** 713-486-2700

**Fax:** 713-486-2553

**Email:** Not available

**Website:** <https://www.utphysicians.com/clinic/ut-physicians-psychiatry-outpatient-clinic-bbsb>

**Local Bus Routes:** 11, 60, 84

**Ages/Grades Served:** Ages 0-18

**Eligibility:** Requires proof of age and proof of insurance.

**Costs:** Costs vary. • Accepts self-pay, private insurance, and Medicaid. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers comprehensive diagnosis and treatment for developmental, emotional, or behavioral difficulties, including mental illnesses such as bipolar disorder and depression.

## The Arc of Greater Houston

**Address:** 3737 Dacoma Street, Suite E, Houston, TX 77092

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Bethanne Franco, Director of Programs

**Phone:** 713-957-1600

**Fax:** 713-957-1699

**Email:** [beth@aogh.org](mailto:beth@aogh.org)

**Website:** <http://www.aogh.org/Support.html>

**Local Bus Routes:** 40

**Ages/Grades Served:** All ages

**Eligibility:** Must have an intellectual or developmental disability or autism. • Call before visiting.

**Costs:** Costs vary. • Charges a flat fee for summer day camps and summer overnight camps and for youth respite care services. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Provides parent support groups, up-to-date information, networking, and other support for families of children and adults with intellectual and developmental disabilities (IDD). • Also provides summer day camps for children and youth.

### The Center for Success and Independence

**Address:** 3722 Pinemont Drive, Houston, TX 77018

**Area Served:** Greater Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Robert Woods, Executive Director

**Phone:** 713-426-4545

**Fax:** 713-426-4747

**Email:** [care4@tcsi.org](mailto:care4@tcsi.org)

**Website:** <http://tcsi.org/programs>

**Local Bus Routes:** 30, 45

**Ages/Grades Served:** Ages 13-17 and adults ages 18-19

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Accepts most private insurance plans and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers treatment and therapy for teenagers with substance abuse and mental health issues.

### The Council on Recovery

**Address:** 303 Jackson Hill Street, Houston, TX 77007

**Area Served:** Houston

**Days/Hours:** Monday-Friday, 9am-8pm

**Contact:** Christine Foster

**Phone:** Office: 281-200-9281. • Appointments: 713-914-0556.

**Fax:** 281-200-0000

**Email:** [children@councilonrecovery.org](mailto:children@councilonrecovery.org)

**Website:** <https://www.councilonrecovery.org/community-programs>

**Local Bus Routes:** 40, 71, 85

**Ages/Grades Served:** Ages 3-18

**Eligibility:** Requires an initial assessment.

**Costs:** Costs vary. • Accepts some types of insurance. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides individual, family, and group therapy and play therapy services for children and families. • Helps children and families in managing mental health symptoms, behavioral issues, family dynamics, interpersonal relationships, and substance abuse prevention. • Also helps children and families with issues related to parenting, personal growth and adjustment, and blended families.

### The Harris Center for Mental Health and IDD – Children and Adolescent Services

**Area Served:** Harris County

Location	Address	Phone	Days/Hours	Bus Routes
Administrative Office	7011 Southwest Freeway, Houston, TX 77074	713-970-7000 866-970-4770 713-970-7070	Monday-Friday, 8am-5pm	2, 9, 47
Burnett-Bayland Home	6500A Chimney Rock Road, Houston, TX 77081	713-852-1900	Monday-Sunday, 24 hours/day	33, 49

Location	Address	Phone	Days/Hours	Bus Routes
Burnett-Bayland Reception Center	6500A Chimney Rock Road, Houston, TX 77081	713-852-1800	Monday-Sunday, 24 hours/day	33, 49
Children's Detention Center	3540 West Dallas Street, Houston, TX 77019	713-512-4165	Monday-Sunday, 24 hours/day	27, 85
Northwest Family Resource Center	3737 Dacoma Street, Houston, TX 77092	713-970-8448	Monday-Friday, 8am-5pm	89
Ripley Family Resource Center	4414 Navigation Boulevard, Houston, TX 77011	713-970-8188	Monday-Friday, 8am-5pm	20, 29, 80
Southeast Family Resource Center	5901 Long Drive, Houston, TX 77087	713-970-4555	Monday-Friday, 8am-5pm	900 (METRO rail)
Southwest Family Resource Center	7011 Southwest Freeway, Houston, TX 77074	713-970-3888	Monday-Friday, 8am-5pm	2, 9, 47

**Contact:** Steven Schnee, Executive Director

**Fax:** Not available

**Email:** Not available

**Website:** <http://www.mhmraharris.org/Child-And-Adolescent-Services.asp>

**Ages/Grades Served:** Ages 3-17

**Eligibility:** Requires proof of age, proof of residency, and proof of insurance (if any). • Also requires proof of serious functional impairment or proof of serious emotional disturbance. • Must enter Eligibility Center at least two hours before closing hour to get a same-day appointment for a child or adolescent. • Always call ahead.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Accepts Medicaid, the Children's Health Insurance Program (CHIP), private insurance plans, and self-pay. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides services to children and adolescents with serious emotional disturbance. • Helps children to be able to live in homes with families, to develop normal relationships with their peers, to attend school, and to remain out of hospitals and juvenile justice facilities.

### The University of Houston – ADAPT Center

**Address:** 4505 Cullen Boulevard, Houston, TX 77204

**Area Served:** Greater Houston

**Days/Hours:** Monday-Friday, 8am-5pm

**Contact:** Amanda Palo, Associate Director

**Phone:** 713-743-0950

**Fax:** Not available

**Email:** [adapt@times.uh.edu](mailto:adapt@times.uh.edu)

**Website:** <http://www.uh.edu/class/adapt>

**Local Bus Routes:** 900 (METRO rail), 25, 29

**Ages/Grades Served:** Ages 12-17

**Eligibility:** No area restrictions.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Provides individual therapy, group therapy, and treatment for adolescents with emotional and relationship difficulties. • Provides diagnostic and relational assessments.

### The University of Houston – Psychology Research and Services Center

**Address:** 3695 Cullen Boulevard, Room 126, Houston, TX 77204

**Area Served:** Greater Houston

**Days/Hours:** Monday-Thursday, 9am-8pm, Friday, 9am-5pm

**Contact:** Robin Weill, Clinical Director

**Phone:** 713-743-8600

**Fax:** Not available

**Email:** [prsc@uh.edu](mailto:prsc@uh.edu)

**Website:** <http://www.uh.edu/class/psychology/clinics>

**Local Bus Routes:** 900 (METRO rail), 25, 54

**Ages/Grades Served:** All ages

**Eligibility:** No area restrictions. • Must call for an appointment.

**Costs:** Costs vary. • Charges fees on a sliding scale based on income and family size. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Offers therapy for common emotional and behavioral concerns including cognitive and behavioral treatments for anxiety, depression, and being at-risk for suicide. • Also offers psychological testing and evaluation services for children and adults.

### The University of Texas – Harris County Psychiatric Center

**Address:** 2800 South MacGregor Way, Houston, TX 77021

**Area Served:** Harris County

**Days/Hours:** Office: Monday-Friday, 7am-5pm. • Admissions: Monday-Sunday, 24 hours/day.

**Contact:** Jair Soares, Executive Director

**Phone:** 713-741-3883

**Fax:** 713-741-5939

**Email:** [Jair.C.Soares@uth.tmc.edu](mailto:Jair.C.Soares@uth.tmc.edu)

**Website:** <https://hcpc.uth.edu/pages/services/imp-child-serv.htm>

**Local Bus Routes:** 4, 11

**Ages/Grades Served:** Ages 3-17

**Eligibility:** Patients are eligible for services through court-ordered, involuntary mental health hospitalization, transfer from another hospital or treatment center, private physician referral, or direct self-admit or walk-in.

**Costs:** Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, Medicaid, and self-pay. • Also accepts persons who have no income. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English, Spanish

**Direct Services:** Treats children and adolescents who have bipolar or manic depression, depression or major depression, schizophrenia, attention deficit hyperactivity disorder (ADHD), anxiety disorders, or disruptive behavior disorders. • Also treats illnesses related to behavioral adjustment, substance abuse, sexual abuse, physical abuse, life-threatening situations, suicide attempts, family relationship issues, or school difficulties.

### West Oaks Hospital – Mental Health Services

**Address:** 6500 Hornwood Drive, Houston, TX 77074

**Area Served:** Greater Houston

**Days/Hours:** Monday-Sunday, 24 hours/day

**Contact:** Kamilah Thomas, Clinic Manager

**Phone:** 24-hour Assessment Hotline: 713-995-0909. • Outpatient Clinic: 713-774-0606.

**Fax:** Not available

**Email:** [Kamilah.Thomas@uhsinc.com](mailto:Kamilah.Thomas@uhsinc.com)

**Website:** <http://www.westoakshospital.com/programs/children-psychiatric-treatment>

**Local Bus Routes:** 2, 9, 47

**Ages/Grades Served:** Ages 6-17

**Eligibility:** Requires proof of insurance.

**Costs:** Costs vary. • Accepts private insurance, the Children's Health Insurance Program (CHIP), Medicare, and Medicaid. • Call to ask about specific costs.

**Onsite at Schools:** No

**Languages:** English

**Direct Services:** Helps children whose emotional and behavioral problems interfere with daily life, physical health, family, and/or school. • Offers day treatment and comprehensive psychiatric care such as individual therapy, family therapy, group therapy, support groups, and therapeutic recreation. • Treats aggression, anger, anxiety, bipolar disorder, depression, schizophrenia, anorexia, bulimia, and other diseases.

## FACE PRODUCT EVALUATION FORM

Product Name: \_\_\_\_\_  
Date: \_\_\_\_\_

User(s): \_\_\_\_\_  
School/Location: \_\_\_\_\_

**Directions:** Please tell us a little about you by checking (✓) the circles that apply best to you.

- |  |   |  |  |
|--|---|--|--|
| <input type="radio"/> Student  | <input type="radio"/> Principal           | <input type="radio"/> Parent Educator                  | <input type="radio"/> Board of Education     |
| <input type="radio"/> Parent or Guardian                                 | <input type="radio"/> Assistant Principal | <input type="radio"/> Parent Liaison                   | <input type="radio"/> District Administrator |
| <input type="radio"/> Family Member                                      | <input type="radio"/> Other Campus Leader | <input type="radio"/> School-Based Specialist          | <input type="radio"/> Central Office Staff   |
| <input type="radio"/> Community Member                                   | <input type="radio"/> Classroom Teacher   | <input type="radio"/> School Bus Driver                | <input type="radio"/> FACE Staff             |
|  | <input type="radio"/> School Librarian    | <input type="radio"/> School Custodian                 |  |
| <input type="radio"/> Black or African American                          |   | <input type="radio"/> Hispanic or Latino               |  |
| <input type="radio"/> American Indian, Alaska Native, or Native Hawaiian |   | <input type="radio"/> White or Caucasian               |  |
| <input type="radio"/> Asian or Pacific Islander                          |   | <input type="radio"/> Two or More Races or Ethnicities |  |

**Directions:** Please tell us how you feel about this product. Your answers will help us to improve it. Thank you.

	Very Unsatisfied	Unsatisfied	Neutral	Satisfied	Very Satisfied	Not Applicable
Overall product quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Process for acquiring it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Guidance for users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
First usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Repeated usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post-acquisition service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### How long have you used this FACE product?

<input type="radio"/>	Less than 1 month
<input type="radio"/>	1 to 2 months
<input type="radio"/>	2 to 3 months
<input type="radio"/>	3 to 6 months
<input type="radio"/>	6 months to 1 year
<input type="radio"/>	1 year or longer
<input type="radio"/>	Have never used it

### How often do you use this FACE product?

<input type="radio"/>	Daily
<input type="radio"/>	3 to 4 times a week
<input type="radio"/>	Weekly
<input type="radio"/>	3 to 4 times a month
<input type="radio"/>	Monthly
<input type="radio"/>	Every 2 to 3 months
<input type="radio"/>	3 to 4 times a year
<input type="radio"/>	Once a year or less often
<input type="radio"/>	Do not use it



**FACE PRODUCT EVALUATION FORM**

**Overall, how satisfied are you with this FACE product?**

<input type="radio"/>	Very satisfied
<input type="radio"/>	Somewhat satisfied
<input type="radio"/>	Neutral
<input type="radio"/>	Somewhat unsatisfied
<input type="radio"/>	Very unsatisfied

**Compared to other products of which you are aware, would you say that this FACE product is:**

<input type="radio"/>	So good that it's in a class by itself
<input type="radio"/>	Much better than most others
<input type="radio"/>	About the same as others
<input type="radio"/>	Somewhat worse than others
<input type="radio"/>	Much worse than others
<input type="radio"/>	Never have used it

**Will you use this FACE product again?**

<input type="radio"/>	Definitely yes
<input type="radio"/>	Probably yes
<input type="radio"/>	Maybe or maybe not
<input type="radio"/>	Probably no
<input type="radio"/>	Definitely no
<input type="radio"/>	Never have used it

**How likely are you to recommend this FACE product to others?**

<input type="radio"/>	Definitely will recommend it
<input type="radio"/>	Probably will recommend it
<input type="radio"/>	Maybe or maybe not
<input type="radio"/>	Probably will not recommend it
<input type="radio"/>	Definitely will not recommend it
<input type="radio"/>	Never have used it

**Based upon your experience with this product, how likely are you to use other FACE products?**

<input type="radio"/>	Very likely
<input type="radio"/>	Somewhat likely
<input type="radio"/>	Neutral
<input type="radio"/>	Somewhat unlikely
<input type="radio"/>	Very unlikely

Other comments about the product: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please send this completed evaluation form to:

Family and Community Engagement Department (FACE)  
Houston Independent School District (HISD)  
4400 West 18<sup>th</sup> Street  
Houston, TX 77092  
713-556-7290 (main)  
713-556-6814 (fax)  
[face@HoustonISD.org](mailto:face@HoustonISD.org)