
2016 COMMUNITY RESOURCE GUIDE

SUBSTANCE ABUSE PREVENTION



Kenneth Huewitt
Interim Superintendent of Schools

Houston Independent School District Board of Education

Manuel Rodriguez, Jr., President	District III
Wanda Adams, First Vice President	District IX
Diana Davila, Second Vice President	District VIII
Jolanda Jones, Secretary	District IV
Rhonda Skillern-Jones, Assistant Secretary	District II
Greg Meyers	District VI
Anna Eastman	District I
Michael L. Lunceford	District V
Harvin C. Moore	District VII

Kenneth Huewitt, Interim Superintendent of Schools

Helen Spencer, Chief Communications Officer

Jorge Arredondo, Ed.D., Assistant Superintendent-Family and Community Engagement

Family and Community Engagement Department

4400 West 18th Street, Houston, Texas 77092

www.HoustonISD.org/face

It is the policy of the Houston Independent School District not to discriminate on the basis of age, color, handicap or disability, ancestry, national origin, marital status, race, religion, sex, veteran status, political affiliation, sexual orientation, gender identity and/or gender expression in its educational or employment programs and activities.

EXECUTIVE SUMMARY

Welcome to the revised and expanded **Houston Independent School District (HISD) Family and Community Engagement (FACE) 2016 Community Resource Guide**. Its primary intended audiences are administrators and teachers in the HISD and the parents, guardians, families, and communities they serve.

Structure and Organization

In its third edition, the **2016 Community Resource Guide** now includes 41 topics and 735 profiles. The profiles encompass 350 unique organizations. A profile is the total description of an entry. An entry is an organization and its total profile under a given topic. A topic is the total collection of profiles for a specific area of interest. The **Guide** consistently uses 15 headings as prompts for information. A heading is a specific question of interest and it is repeated across all entries and within all topics.

Methods Used

In identifying possible topics and profiles for this new, revised edition of the **Guide**, HISD FACE staff members:

1. Used service providers' websites as the primary information resource.
2. Consulted Guidestar and organizations' IRS Form 990s for contact and communication information.
3. Sent emails with questions to selected organizations for which there were gaps in information.
4. Made phone calls to selected organizations for which there were also gaps in information.
5. Reviewed successive drafts to assess quality, completeness, and ease of use.
6. Included a **Product Evaluation Form** for feedback from schools, families, and other users.

Origins and Attributes

Under the leadership of Assistant Superintendent, Dr. Jorge Arredondo, an eight-person team contributed to developing the **2016 Community Resource Guide**: Dr. Elizabeth Cocina, Carmen Acevedo, Victoria Graham, Gabriella Hernandez, Walter Simpson, Rony Canales, Valeria Schillaci, and Jeffrey Smith. The **Guide** traces its lineage to such trailblazers as Harris County's Community Youth Services Program and the United Way of Greater Houston, but it also differs from them in significant ways: (1) The **Guide's** area of focus is on HISD and Houston, not on a broader geography; (2) information summary tables precede the profiles for each topic; (3) through the headings used in its service provider profiles, the **Guide** presents answers for a consistently defined set of questions; (4) wherever possible, it includes contact names, local bus and METRO rail transit routes, and the languages in which information and/or services are available; (5) the **Guide** identifies four ways to get information about community resources: phone, fax, email, and website; (6) the **Guide** also indicates whether services are available onsite at public schools and it briefly describes available services; and (7) the **Guide** is available in single-topic and comprehensive print versions and as a searchable online database.

Disclaimer

This revised **Guide** is intended to be a quick reference resource for HISD schools and families. Inclusion in it does not denote endorsement or recommendation. Please send information about new resources, as well as any updates, corrections, and comments to jsmith55@houstonisd.org.

Evaluation Form

A two-page Product Evaluation Form appears at the end of this **Guide**. We would welcome your feedback!

SUBSTANCE ABUSE PREVENTION

Substance Abuse Prevention:

1. Cease Addiction Now, Inc.
2. Family Services of Greater Houston
3. Girls Incorporated of Greater Houston
4. Houston Police Department (HPD) – Houston Crackdown
5. Montrose Center
6. Palmer Drug Abuse Program (PDAP)
7. Prevention Resource Center (PRC Region 6)
8. The Association for the Advancement of Mexican Americans (AAMA)
9. The Council on Recovery

	Phone	Ages/Grades Served	Costs	Onsite at Schools	Languages
1	281-427-4226	Ages 13-17 and Adults ages 18+	Costs vary	No	English, Spanish
2	713-861-4849	Grades K-12	Costs vary	Yes	English, Spanish
3	713-802-2260	Grades 5-8	Costs vary	Yes	English, Spanish
4	832-393-0913 713-247-8888	All ages	Free	No	English, Spanish
5	713-529-0037 Ext. 334	Adults ages 18+	Costs vary	No	English, Spanish, Vietnamese
6	281-589-4602 281-589-4833 713-647-8858 281-870-9311 713-668-0133	Grades K-12	Free	Yes	English, Spanish
7	713-942-4122 281-200-9118	Grades 3-12	Free	Yes	English, Spanish
8	713-929-2330	Adults ages 18+	Costs vary	Yes	English, French, Spanish
9	713-942-4100 855-942-4100	Grades 3-12	Free	Yes	English

Cease Addiction Now, Inc.

Address: 401 West Texas Avenue, Baytown, TX 77520

Area Served: Harris County

Days/Hours: Alcohol and Drug Awareness Program: Monday, Wednesday, and Thursday, 6pm-9pm. • Adolescent Intensive Outpatient Program: Wednesday and Friday, 3:30pm-6:30pm and Sunday, 3pm-6pm.

Contact: John Havenar, President, or Jennifer Havenar, Office Manager

Phone: 281-427-4226

Fax: 281-839-7848

Email: contact@ceaseaddictionnow.org

Website: <http://www.ceaseaddictionnow.org/programs.html>

Local Bus Routes: Not available

Ages/Grades Served: Ages 13-17 and adults ages 18+

Eligibility: Requires proof of income and proof of identity. • Also requires an appointment.

Costs: Costs vary. • Alcohol and Drug Awareness Program fees are \$100-\$200. • Adolescent Intensive Outpatient Program enrollment fee is \$50. • Charges a fee on a sliding scale based on ability to pay. • Accepts Medicaid and private insurance plans. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Provides an alcohol and drug awareness program and an adolescent intensive outpatient program. • Also provides other services for adolescents and adults.

Family Services of Greater Houston

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
Central Office	4625 Lillian Street, Houston, TX 77007	713-861-4849	713-861-4021	25, 27, 41
Administration	2700 Southwest Freeway, Suite 209, Houston, TX 77098	713-861-4849	713-861-4021	71, 85

Days/Hours: Monday-Friday, 8am-5pm

Contact: Paz Guerra, Senior Vice-President of Community Services

Email: family@familyservices.org

Website: <http://www.familyservices.org/counseling>

Ages/Grades Served: Grades K-12

Eligibility: Requires an appointment.

Costs: Costs vary. • Charges fees on a sliding scale based on income. • Accepts all major insurance plans. • Call to ask about specific costs.

Onsite at Schools: Yes. • Provides onsite counseling to students and families in 14 HISD schools.

Languages: English, Spanish

Direct Services: Offers a program to help prevent substance abuse. • Coaches children and their families about: developing communication skills, improving decision-making abilities, understanding the risks of substance use and abuse, managing stress and anger, and resisting peer pressure.

Girls Incorporated of Greater Houston

Address: 1235 North Loop West, Suite 118, Houston, TX 77008

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5pm

Contact: Sarah Essaied, Assistant Program Director

Phone: 713-802-2260

Fax: 713-802-2907

Email: gi@girlsinc-houston.org or sarah@girlsinc-houston.org

Website: http://girlsinc-houston.org/programs_programs.html

Local Bus Routes: 26

Ages/Grades Served: Grades 5-8 (Ages 11-14)

Eligibility: Must be a girl and must meet age requirements.

Costs: Costs vary. • Partner school pays a flat fee of \$30/hour plus mileage. • Fee includes programming for groups of 8-15 girls, materials and supplies, and a trained facilitator for the program's duration.

Onsite at Schools: Yes. • Girls Inc. offers programs at several HISD schools.

Languages: English, Spanish

Direct Services: Offers Friendly PEERsuasion, a nationally recognized substance abuse prevention program. • Helps girls to acquire the skills and knowledge they need to resist the pressure to abuse substances, and also to form support systems. • Friendly PEERsuasion Program occurs in 15 90-minute sessions.

Houston Police Department (HPD) – Houston Crackdown

Address: 901 Bagby Street, Houston, TX 77002

Area Served: Harris County

Days/Hours: Monday-Friday, 8am-5pm

Contact: Ray Andrews

Phone: Office: 832-393-0913. • Bilingual Drug Information Line: 713-247-8888.

Fax: Not available

Email: ray.andrews@houstontx.gov

Website: <http://www.houstontx.gov/publicsafety/crackdown>

Local Bus Routes: 44, 85, 219

Ages/Grades Served: All ages

Eligibility: No area restrictions.

Costs: Free

Onsite at Schools: No

Languages: English, Spanish

Direct Services: Coordinates and supports community volunteer projects to reduce alcohol and other drug abuse through prevention, education, treatment, and rehabilitation. • A 24-hour, bilingual Drug Information Line provides specific drug information for parents and youth. • Offers an information and referral network for substance abuse programs and events. • Supports positive, drug-free youth activities in neighborhoods and communities.

Montrose Center

Address: 401 Branard Street, Houston, TX 77006

Area Served: Houston

Days/Hours: Office: Monday-Friday, 8am-7pm. • Group Treatment: Monday-Friday, 6pm-8pm.

Contact: Ann Robison, Executive Director

Phone: 713-529-0037 Ext. 334

Fax: 713-526-4367

Email: info@montrosecenter.org

Website: <http://www.montrosecenter.org/hub/services/way-out-recovery-program>

Local Bus Routes: 700 (METRO rail), 56

Ages/Grades Served: Adults ages 18+

Eligibility: Requires proof of identity, proof of residency, proof of income, proof of insurance (if any), and proof of HIV+ status (if applicable). • Must have an appointment.

Costs: Costs vary. • Uses sliding scale fees based on income level. • Accepts Medicare, Medicaid, and private insurance. • Intake and assessment fees are \$30-\$100. • Session fees are \$10-\$100 per person per session. • Call to ask about specific costs.

Onsite at Schools: No

Languages: English, Spanish, Vietnamese

Direct Services: Provides an eight-week intensive outpatient program of group treatment and individual and family psychotherapy. • Also provides a 12-week supportive outpatient program of continuing psychotherapy, as well as a relapse prevention group and aftercare support services.

Palmer Drug Abuse Program (PDAP)

Area Served: Greater Houston

Location	Address	Phone	Fax	Bus Routes
Main Office	840 Gessner Road, Suite 1300, Houston, TX 77024	281-589-4602 281-589-4833	281-589-4834	46, 70, 161
Piney Point	11140 Greenbay Street, Houston, TX 77024	713-647-8858	281-589-4834	47, 70
Memorial	725 Bateswood Drive, Suite 200, Houston, TX 77029	281-870-9311	281-589-4834	39
Bellaire	4600 Bellaire Boulevard, Bellaire, TX 77401	713-668-0133	281-589-4834	2, 33

Days/Hours: Monday-Sunday, 8am-12am (all locations)

Contact: Martha Suarez

Email: martha-pdap@att.net

Website: <http://www.pdaphouston.org>

Ages/Grades Served: Grades K-12

Eligibility: Must be dealing with drug and/or alcohol issues.

Costs: Free

Onsite at Schools: Yes. • Speakers present about substance abuse at schools and parent groups.

Languages: English, Spanish

Direct Services: Provides substance abuse education for assemblies, Parent Teacher Organization (PTO) meetings, classrooms, clubs, or groups. • Provides 12-step based support meetings, individual and family counseling sessions, recovery groups for developing life skills and coping skills, social and recreational activities, and retreats.

Prevention Resource Center (PRC Region 6)

Address: 303 Jackson Hill Street, Houston, TX 77007

Area Served: Greater Houston

Days/Hours: Monday-Thursday, 8am-9pm, Friday, 8am-7pm, Saturday, 8am-2pm

Contact: Angie Cano-Garza, Community Liaison

Phone: 713-942-4122 or 281-200-9118

Fax: 713-526-8257

Email: prc6@council-houston.org

Website: <http://www.councilonrecovery.org/prevention-resource-center>

Local Bus Routes: 40, 71, 85

Ages/Grades Served: Grades 3-12

Eligibility: No area restrictions.

Costs: Free

Onsite at Schools: Yes. • PRC Region 6 makes health fair presentations at schools.

Languages: English, Spanish

Direct Services: Serves as a public clearinghouse of information about alcohol, tobacco, and other drugs. • Offers free pamphlets, posters, and videos. • Offers online access to information on alcohol, drugs, prevention, and statistics. • Offers nine drug, alcohol, and tobacco abuse evidence-based prevention curricula for all school levels.

The Association for the Advancement of Mexican Americans (AAMA)

Address: 6001 Gulf Freeway, Building C-5, Houston, TX 70023

Area Served: Greater Houston

Days/Hours: Monday-Friday, 8am-5:30pm

Contact: Beatrice Garza, President and Chief Executive Officer

Phone: 713-929-2330

Fax: 713-926-8235

Email: aama@aama.org

Website: <http://www.aama.org/houston-services>

Local Bus Routes: 28, 40

Ages/Grades Served: Adults ages 18+

Eligibility: Requires proof of identity. • Must be an adult ages 18+ to register.

Costs: Costs vary. • Call to ask about specific costs.

Onsite at Schools: Yes. • Operates a six-week resiliency program in seven HISD elementary schools.

Languages: English, French, Spanish

Direct Services: Helps members of the community with issues related to alcohol and drugs. • Offers individual and family counseling, and discussion groups on such topics as parenting, risk reduction, coping skills, human immune-virus (HIV) and sexually transmitted diseases (STDs), hepatitis, alcohol and drug awareness. • Also offers classes in English as a Second Language (ESL) and General Educational Development (GED).

The Council on Recovery

Address: 303 Jackson Hill Street, Houston, TX 77007

Area Served: Houston

Days/Hours: Office: Monday-Thursday, 8:30am-9pm, Friday, 8:30am-5pm, Saturday, 8am-2pm. • Speakers: Monday-Friday, 8:30am-4:30pm.

Contact: William Taylor, Chief Executive Officer

Phone: 713-942-4100 or 855-942-4100

Fax: 713-400-6684

Email: Not available

Website: <http://www.councilonrecovery.org/education-in-schools>

Local Bus Routes: 40, 71, 85

Ages/Grades Served: Grades 3-12

Eligibility: No area restrictions. • Requires at least two weeks of advance notice for presentations, health fairs, or agency tours. • Provides an online speaker request form.

Costs: Free

Onsite at Schools: Yes. • Speakers present at schools and other community locations.

Languages: English

Direct Services: Provides three evidence-based prevention programs for Grades 3-8 to preclude the onset of the use of alcohol, tobacco and other drugs by youth and to foster the development of social and physical environments that facilitate healthy, drug-free lifestyles. • Provides two evidence-based prevention programs for Grades 9-12 to provide up-to-date information about alcohol and other drugs, to foster coping and communication skills to resist using drugs, and to support a positive peer group, in which they receive support, learn to socialize, and have drug- and alcohol-free fun. • Also provides guest speakers to schools.

FACE PRODUCT EVALUATION FORM

Product Name: _____
Date: _____

User(s): _____
School/Location: _____

Directions: Please tell us a little about you by checking (✓) the circles that apply best to you.

- | | | | |
|--|---|--|--|
| <input type="radio"/> Student | <input type="radio"/> Principal | <input type="radio"/> Parent Educator | <input type="radio"/> Board of Education |
| <input type="radio"/> Parent or Guardian | <input type="radio"/> Assistant Principal | <input type="radio"/> Parent Liaison | <input type="radio"/> District Administrator |
| <input type="radio"/> Family Member | <input type="radio"/> Other Campus Leader | <input type="radio"/> School-Based Specialist | <input type="radio"/> Central Office Staff |
| <input type="radio"/> Community Member | <input type="radio"/> Classroom Teacher | <input type="radio"/> School Bus Driver | <input type="radio"/> FACE Staff |
| | <input type="radio"/> School Librarian | <input type="radio"/> School Custodian | |
| <input type="radio"/> Black or African American | | <input type="radio"/> Hispanic or Latino | |
| <input type="radio"/> American Indian, Alaska Native, or Native Hawaiian | | <input type="radio"/> White or Caucasian | |
| <input type="radio"/> Asian or Pacific Islander | | <input type="radio"/> Two or More Races or Ethnicities | |

Directions: Please tell us how you feel about this product. Your answers will help us to improve it. Thank you.

	Very Unsatisfied ☹	Unsatisfied	Neutral ☺	Satisfied	Very Satisfied ☺	Not Applicable
Overall product quality	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Process for acquiring it	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Guidance for users	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
First usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Repeated usage	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Post-acquisition service	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How long have you used this FACE product?

<input type="radio"/>	Less than 1 month
<input type="radio"/>	1 to 2 months
<input type="radio"/>	2 to 3 months
<input type="radio"/>	3 to 6 months
<input type="radio"/>	6 months to 1 year
<input type="radio"/>	1 year or longer
<input type="radio"/>	Have never used it

How often do you use this FACE product?

<input type="radio"/>	Daily
<input type="radio"/>	3 to 4 times a week
<input type="radio"/>	Weekly
<input type="radio"/>	3 to 4 times a month
<input type="radio"/>	Monthly
<input type="radio"/>	Every 2 to 3 months
<input type="radio"/>	3 to 4 times a year
<input type="radio"/>	Once a year or less often
<input type="radio"/>	Do not use it

FACE PRODUCT EVALUATION FORM

Overall, how satisfied are you with this FACE product?

<input type="radio"/>	Very satisfied 😊
<input type="radio"/>	Somewhat satisfied
<input type="radio"/>	Neutral 😐
<input type="radio"/>	Somewhat unsatisfied
<input type="radio"/>	Very unsatisfied ☹️

Compared to other products of which you are aware, would you say that this FACE product is:

<input type="radio"/>	So good that it's in a class by itself 😊
<input type="radio"/>	Much better than most others
<input type="radio"/>	About the same as others 😐
<input type="radio"/>	Somewhat worse than others
<input type="radio"/>	Much worse than others ☹️
<input type="radio"/>	Never have used it

Will you use this FACE product again?

<input type="radio"/>	Definitely yes 😊
<input type="radio"/>	Probably yes
<input type="radio"/>	Maybe or maybe not 😐
<input type="radio"/>	Probably no
<input type="radio"/>	Definitely no ☹️
<input type="radio"/>	Never have used it

How likely are you to recommend this FACE product to others?

<input type="radio"/>	Definitely will recommend it 😊
<input type="radio"/>	Probably will recommend it
<input type="radio"/>	Maybe or maybe not 😐
<input type="radio"/>	Probably will not recommend it
<input type="radio"/>	Definitely will not recommend it ☹️
<input type="radio"/>	Never have used it

Based upon your experience with this product, how likely are you to use other FACE products?

<input type="radio"/>	Very likely 😊
<input type="radio"/>	Somewhat likely
<input type="radio"/>	Neutral 😐
<input type="radio"/>	Somewhat unlikely
<input type="radio"/>	Very unlikely ☹️

Other comments about the product: _____

Please send this completed evaluation form to:

Jeff Smith, Business Operations Team Leader
 Family and Community Engagement Department (FACE)
 Houston Independent School District (HISD)
 4400 West 18th Street
 Houston, TX 77092
 713-556-7290 (main)
 713-556-6814 (fax)
face@HoustonISD.org