

**Lanier Cheerleading Tryouts
For 2018-2019 Cheerleading**

You will find the following in this packet:

- ❖ Cheerleading Tryout Checklist
 - ❖ Cheerleading Tryout Requirements/information
 - ❖ Cheerleading Handbook
 - ❖ Cheerleading Contract
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Check List

- _____ Attend one of the mandatory parent information meeting
 - o March 28th - 6:00p.m.
 - o April 3rd - 9:00a.m.
 - o April 4th - 6:00p.m.
- _____ Turn in the signed Cheerleading Contract to Ms. Kolodziej and Teacher Recommendation forms to Ms. Flores by Friday, April 20th at 3:30pm (or earlier)
- _____ Practice Monday, April 23rd - Gymnasium 3:45-5:45 pm
- _____ Practice Tuesday, April 24th - Gymnasium 3:45-5:45 pm
- _____ Practice Wednesday, April 25th- Gymnasium 3:45-5:45pm
- _____ Mock Tryouts Thursday, April 26th,- Gymnasium 3:30-5:45pm
- _____ Tryouts Friday, April 27th, Starting @4:00pm - 6:00pm (possibly earlier or later) in the Gymnasium
- _____ Tryout results will be posted by student ID number online by Saturday @ 5:00p.m.
- _____ New Cheerleader meeting (students only)- Monday, April 30th from 3:45am-4:15am Ms. Flores's room
- _____ Uniform fitting-Thursday, May 2, 2018 @ 3:45p.m. - 4:45p.m.
- _____ Payment due by June 1st, 2018- \$850 - (checks payable to Lanier MS - memo Lanier Cheer). Give payment to **Ms. Kolodziej**

CAMP IS MANDATORY FOR ALL CHEERLEADERS!!

Cheer camp dates are June 25-June 30. This will be a private, closed camp at Lanier Middle School.

*Yes, this does mean that if you cannot attend camp for the entire time period, you should not tryout for cheerleading.

Students WILL be able to participate in both cheer camp, dance camp, and leadership camp.

**Lanier
Cheerleading Tryouts
2018-2019**

It is time to select the cheerleaders for the 2018-2019 school year. There are a few requirements that you should be aware of before tryouts.

1. You must be attending Lanier Middle School for the 2018-2019 school year.
2. Students who have failing grades on their 7th grade report cards, low conduct grades, served ISSC, been suspended, or committed any Level 2 or above offense as stated in the HISD or Lanier Student Code of Conduct during the school year may be disqualified from being a member of the squad, as determined by Lanier administrators and/or Lanier cheer coaches.
3. Students are required to bring the signed Cheerleading **CONTRACT** to Ms. Kolodziej and **RECOMMENDATIONS** to Ms. Flores by April 20, 2018, at 3:30pm.

Your child will not be able to participate without the signed contract!

4. The cost will be \$850 for the year. The payment of \$850 is due by **FRIDAY, JUNE 1ST, 2018.**

The total amount due will cover the following: Cheer skirt, top, briefs, tennis shoes, three days of camp/practice apparel, socks, hair ribbon, uniform jacket, cheerleading camp, and backpack.

HISD Athletic Department requires that all cheerleaders turn in a notarized parent approval form, insurance payment (or notarized insurance waiver proving you have insurance), and a signed physical **before** camp begins but after June 1, 2018. (Must receive paperwork between June 1- June 25). You may choose to scan and email the informatio to AKolodzi@houstonisd.org, adkolodzie21@gmail.com, or you may bring it to Lanier Middle School in an envelope to place in Ms. Kolodziej's box.

ALL CHEERLEADER CANDIDATES MUST ATTEND:

- Cheer Practice – April 23-25, 2018, 3:45p.m. - 6:00p.m.
- Cheer Mock Tryouts and Tryouts April 26-27, 2018, 3:45p.m.- until we finish (hopefully by 6:00 pm)

Demerits will be given and points deducted from your overall tryout score for missed practices, leaving early or arriving late. Students may wear any practice clothes for the clinic dates that are within the school P.E. dress code. However, on the day of tryouts they will need black pants and a plain white t-shirt.

Cheerleading Tryout Information

1. Students will be trying out in numerical order. Students will draw for their numbers during Wednesday's practice. There will be three to four students per group.
2. Each student will perform the following:
Their spirit (during the entrance and exit), **two jumps sequence, one cheer, one chant, and the dance sequence.**
3. Each student will be judged by a panel of judges. Judges have previous experience in cheering, dance, and/or coaching. Students are judged on their demonstrated ability.
4. All students must wear white plain t-shirt, black shorts/pants, and tennis shoes with white socks for tryouts. Tryouts are closed to all spectators.
5. Tryout results will be posted online by Student ID number by Friday, May 5th, 2017 at 6:00pm.
6. All scores are final. Final scores will consist of the teacher's recommendations/grades (25%) and judges' scores (75%.) Cheer candidates will be judged in the following categories: cheer, dance, chant, jumps, motions, tumbling, and spirit. Candidates may tumble during their spirit and add a gymnastic movement to part of their tryout as instructed during the workshops.

Deductions will be given during try-out week for the following:

- | | |
|---------------------------------------|--|
| 1. Late for practice | 5 points each time |
| 2. Leaving early from practice | 5 points each time |
| 3. Missing practice | 10 points per day |
| 4. Improper practice clothes | 2 points per item |
| 5. Improper tryout uniform | 5 points per item |
| 6. Inappropriate behavior | 5 points each time |
| 7. Late paperwork | 5 points per day |
| 8. Wearing Jewelry | 2 points per day per piece of jewelry |

Instructions to access the online list of students who made cheerleader/mascot are as follows:

- Go to <http://www.houstonisd.org/Domain/3518>
- Click on athletics
- Click on cheer
- Listed will be the ID numbers of 18 girls that made the cheer squad
- Listed will be the ID of the mascot who made the tryouts

**Lanier Middle School
Cheerleading Handbook
2600 Woodhead Houston, Texas 77098
(713) 942-1900**

Purpose of Organization

- ❖ To promote appropriate and good spirit
- ❖ To build relationships between schools and the community during athletic and other events
- ❖ To develop good sportsmanship, self-confidence, self-motivation, and self-discipline
- ❖ To promote leadership
- ❖ To encourage high morals and standards among its members
- ❖ To develop the ability to work as a part of a group in achieving common goals; teamwork
- ❖ To represent the school and community in an exemplary manner, serving as a role model for appropriate behavior and citizenship
- ❖ To demonstrate dedication and to develop increasing strength and endurance
- ❖ To develop and maintain a very high standard of cheerleading/mascoting

Philosophy of Organization

The philosophy of the Lanier cheerleading program is to develop not only athletic skills, but also life skills, as written in the organization's statement of purpose. Students chosen to represent Lanier Middle School as a cheerleader/mascot will be held to the highest expectations.

The goal at every level of athletics is to strive for excellence. Student growth and development is positively impacted when students engage in a strong academic program and participate in a strong athletic program. The values learned through cheerleading at Lanier Middle School promote physical and mental health and contribute to the athlete's ability to interact socially with others in school and within the community. Athletics aims to teach an appreciation of others' skills contributions, commitment towards a common goal, and to enjoy the love of the sport. Athletics promotes and nurtures friendships that will endure for a lifetime and fosters a sense of pride in self, school, and community.

Campus and District Rules

A Cheerleader/mascot shall provide a spirit-promoting service, be loyal, have high morals and standards, be a good example in and out of school, and develop self-discipline and confidence. **She/he shall also have poise; good posture, and present a good appearance.** Being a Cheerleader/mascot is an honor. Hard work and discipline are basic components of the program. A Cheerleader/mascot's commitment is to both academics and the Cheerleading organization. If you are not ready to accept this challenge, then Cheerleading/mascot may not be for you.

Responsibilities of Coaches (Coaches initial)

Coaches have the responsibility to:

_____ Be aware that they have tremendous influence, effective or ineffective, on the education of the student-athlete; therefore, shall never place the value of winning above the value of instilling the highest ideals of character.

_____ Uphold the honor and dignity of the profession by continually striving to set an example of the highest ethical and moral conduct.

- _____ Emphasize the proper ideals and sportsmanship, ethical conduct, and fair play.
- _____ Conduct themselves in a professional manner in both practice and game conditions.
- _____ Show respect to visiting cheerleaders, players, coaches, and fans.
- _____ Strive to develop leadership in students.
- _____ Maintain an appropriate, professional relationship with students and parents.
- _____ Adhere to HISD policies.
- _____ Respect and support game officials.
- _____ Follow accepted safety guidelines.
- _____ Communicate with parents and team members on a regular basis to ensure a positive relationship

Responsibilities of Students (Please initial)

Students have the responsibility to:

- _____ Sign and adhere to all rules and regulations outlined in the Lanier and HISD Student code of conduct.
- _____ Sign and adhere to appropriate extracurricular contracts (including the Cheerleading Contract), rules, regulations, and establish higher standards of behavior.
- _____ Cooperate with program director and administration in investigations involving disciplinary infractions.
- _____ Seek changes in the organization’s rules/procedures in an orderly, respectful, and responsible manner, through appropriate channels.
- _____ Exhibit an attitude of respect toward individuals and property by conducting oneself in a responsible manner.
- _____ Communicate with coaches and team members to report absenteeism
- _____ Serve as an appropriate role model for other students
- _____ Maintain required standards of academic performance
- _____ Arrive prepared and on time for all practices and performances

Responsibilities of Parents: (Please initial)

Parents have the responsibility to:

- _____ Stay informed of the rules, regulations, and procedures that are applicable to the extracurricular organization.
- _____ Encourage student adherence to established rules, regulations, procedures, etc.

_____ **Provide transportation**, as needed, to ensure that the student/squad arrives on time for practices and performances, and games.

_____ Provide food and water for squad as needed for games/practices

_____ Pick up students on time after practice and events.

_____ Attend parent meetings, as appropriate.

_____ Cooperate with school administrators and organization directors in establishing and maintaining a quality organization.

_____ Execute proposed changes or challenges to organizational rules/procedures in an orderly, respectful, and responsible manner through appropriate channels.

_____ Support the coaches and their decisions.

_____ Display positivity.

_____ Assist their cheerleader with maintenance of uniform and equipment.

_____ Communicate with the coaches as soon as possible about conflicts with your child not being able to attend a practice or a game.

_____ Refrain from speaking with the coaches about a concern immediately prior to or immediately following a performance unless it is an emergency.

_____ Schedule a meeting to discuss an issue of concern. It is appropriate to meet to discuss ways to help your child improve or to discuss concerns about your child's behavior. It is not appropriate to meet to discuss your child's location in dances/cheers/stunts, coaching strategies, or other students.

Rehearsal and Performance Time

Students may rehearse outside the school day in any single extracurricular activity a maximum of eight hours per school week. The eight-hour rule does not include Friday, Saturday, or Sunday. Cheerleaders/mascot can expect to practice before school beginning at 6:30 am or after school until 7:30 pm. We may practice up to three days a week not including game day. Games days can run late- it is not uncommon for students to be released after 8:00pm. The schedule will be set as it becomes available from the district. However, changes can be made at the last minute based on school or district and cheerleaders/mascot are expected to be able to make changes and attend every event.

Some activities interfere with cheerleading/mascot. The activities that we have successfully worked with in the past and anticipate –but CANNOT guarantee– continued success with are Dance, Orchestra, Band, Choir, Cross-country, Track, Swim, Debate (cheerleaders/mascot must choose their tournaments carefully around cheer activities), Soccer, Softball, and casual Lacrosse playing. The activities that we know we CANNOT work with are Lanier volleyball, Lanier basketball, Lanier football, and very dedicated and committed Lanier Lacrosse players. There may be other activities that we have conflicts with, as the practice and game schedules change every year. Cheerleading must be the first priority, as the students are counting on each other to attend and do their part. Students depend on one another during dances, cheers, and stunts. **By trying out for cheerleading/mascot you are acknowledging the fact that you understand that if you make cheerleader, you may NOT try out for or play Lanier football, volleyball, or basketball.**

Please initial that you understand the above bold statement.

Parent : _____

Student: _____

HISD Athletics requirements

Prior to the start of school, cheerleaders/mascot shall be required to take a physical exam signed by an MD or a D.O. with a state license number on the proper HISD physical form. It will state that the student is capable of performing all of the essential functions specified for an athlete in the district. Parents and students must also sign this form. Also, parents must complete and have notarized the HISD parent approval for the 2017-2018 year. Finally, you will have to purchase insurance for \$35 (price subject to change) or submit a notarized insurance waiver. You must present proof of insurance and a picture ID when signing the waiver. The waiver must be signed in front of a notary.

Absences

One absent person impacts the entire squad. It is important not to waste the practice time of the coach and squad by being absent. Stunting requires every team member, so please do not be absent unless it is absolutely necessary. If your child will be absent from a practice or game, email the coach as soon as you know the absence will occur.

Demerit System

The cheerleading squad will be governed by a demerit system.

- For every demerit earned during the week(s) leading up to a performance or activity, a cheerleader/mascot will be penalized. During game seasons, each demerit slip that a cheerleader/mascot receives will be out for a quarter of the game. Thus, if a cheerleader/mascot obtains 4 demerits during the week of a performance he/she will be ineligible for that performance (including demerits given on the day of the performance).
- If a cheerleader/mascot has 10 demerits total he/she will be put on probation for 3 weeks. During the probation period he/she will be required to attend all practices and will not be allowed to attend any performance opportunity within that probation period.
- If during the probation period a cheerleader/mascot obtains 3 additional demerits he/she will add an additional 3-week probation period. If a cheerleader/mascot obtains 3 more demerits within that probation period he/she may be removed from the squad.

- A cheerleader/mascot may also be removed from the squad if he/she has a total of 25 demerits.

Cheerleaders/mascot will obtain demerits for the following:

1. Chewing gum at practice or performance	4	
2. Wearing jewelry in practice (stud earrings included)		1 per item
3. Wearing jewelry in uniform (only watch allowed during school day)	2	
4. Arriving late to practice	1-2	
5. Arriving late in uniform	1-3	
6. Leaving early from practice	2-4	
7. Leaving early in uniform	2-4	
8. Inappropriate socializing during a performance or practice		1-3
9. Arguing with fellow squad members, director, teachers, or other adults	1-10	
10. Not having appropriate practice uniform parts	1 per item	
11. Not having paperwork turned in on time	1 per day	
12. Unbecoming conduct of a lady/young man		1-25
13. Displaying inappropriate affection in public		1-25
14. Inappropriate conduct in any academic class		1-10
15. The coach may give demerits for reasons she deems necessary	1-10	
16. Hair not pulled back neatly at practice	1	
17. Hair not pulled back neatly in uniform	2	
18. Missing a performance	10	
19. Not having complete uniform at inspection		4
20. Caught with inappropriate/incomplete uniform	1 per item per catch	
21. Not appearing at inspection without an approved note	4	
22. Using technology at inappropriate times	1-4	

- Students must be at school the entire day to participate in that day's performance/activity (not including appointments with an approved note).
- Students must be absent the entire school day or be signed out by the nurse if leaving during school to have an excused absence from a performance/activity. **Parents, please email the coaches of your child's illnesses.**
- Morning inspection on game/performance/activity days will be in your coach's room before the tardy bell. Inspection for practices will be at the beginning of each practice.

Suspension from Extracurricular Activities

- ❖ A student with a nine week grade average in any course lower than 70 shall be suspended from participation in any extracurricular activity event and receive 10 demerits. The suspension will include the succeeding three-week period.
- ❖ Students who are ineligible are expected to participate in after school rehearsals or special study detention but may not participate in performances during their ineligibility. They must attend all practices in proper practice uniforms. They may not wear their performance uniform during suspension.
- ❖ If a student is on probation for three weeks due to grades, at the next grade check, the student must be passing all classes to reinstate participation. If not, the student will receive 10 more demerits and be suspended for three more weeks.

- ❖ Any student that is put on grade or demerit suspension three times, receives a "P" in conduct on a report card in any class, serves time in ISSC, or is suspended, may be removed from the team immediately.
- ❖ ANY FEES PAID ARE NON-REFUNDABLE

Loss of Membership

Loss of membership can occur for violations of any rules or district policies, including those in this handbook. The coaches and/or administrator may determine appropriate disciplinary action for any conduct deemed inappropriate for a member of this organization while on campus or off campus throughout the year.

- ❖ Immediate dismissal will occur if a member falsifies an excuse or uses the coach's name to enter or leave a class.
- ❖ Smoking, use of alcohol beverages, or any controlled substance, whether on or off campus, is grounds for immediate dismissal. This may include social media incidents.
- ❖ Dismissal may occur if a member becomes ineligible three times during the school year.
- ❖ Vandalism of school, community, or public property is immediate grounds for dismissal.
- ❖ Immediate dismissal may occur for any behavior that is **unladylike** or unbecoming to a Cheerleader/Mascot, whether on or off campus.
- ❖ The director or administrator may revoke membership for continued misconduct, continued poor attitude, or inappropriate behavior of a member. (Ex. recurring behavioral problems, excessive demerits, poor attendance, academic dishonesty, bullying, inappropriate online or electronic activities, etc.)
- ❖ Obtaining a "P" in conduct in any class on a report card may result in immediate dismissal.
- ❖ Any student that serves ISSC may be removed from the squad.
- ❖ Any student that commits a Level 2 and above offense, as stated in the HISD and Lanier Student Code of Conduct, may be removed from the team.
- ❖ Any student that is **suspended from school may be removed from the squad.**
- ❖ **ANY FEES PAID ARE NON-REFUNDABLE**

A Cheerleader/Mascot will be held accountable for his/her behavior at all times. His/her behavior outside of Cheerleading is as important as his/her behavior while he/she is participating. He/she is to be a responsible member through the summer months, the weekends, weekdays, and any vacation time. The coaches do not and will not have to tolerate inappropriate behavior from any member. Team members should put thought into their social media before posting anything.

Parents and members are required to sign the Cheerleading Contract that states they have read, understood, and will uphold the rules and guidelines set forth in the 2018-2019 Cheerleading Handbook. Cheerleaders/Mascot without a signed Cheerleading Contract on file will not be allowed to participate or tryout for Cheerleading/Mascot functions.

The Cheerleading Handbook is meant to be a basic instrument and is not intended to cover every operating or disciplinary policy.

All Cheerleaders/Mascot and parents must follow this handbook as well as the Lanier Middle School Handbook and HISD student Code of Conduct.

Lanier Cheerleading Contract, 2018-2019

The following is to be read, signed and returned by all participants trying out for cheerleading including their parent(s):

I, _____ (parent name printed), as the parent of _____ (student name printed) have read and understand all the requirements that my child must meet before she/he can tryout. We, parent and student, also understand that if she/he does not meet all criteria she/he will not be able to tryout.

We also agree that if he/she makes the squad and is not able to attend the mandatory cheer camp in its entirety for any reason, he/she will forfeit the spot on the team and all money paid will not be refunded. We understand that if the amount due is not turned in by the set deadline, my son/daughter will forfeit the spot on the team and all money paid will not be refunded.

We understand and agree that if my child makes the squad, he/she is NOT allowed to try out for or participate on the Lanier football team, Lanier volleyball team, or the Lanier basketball team due to the conflict in the practice/game schedules.

We understand that the Lanier cheerleading squad is a cheer and stunt team. Every child who is on the squad will be taught the proper way to base, fly and spot. By allowing my child to try out for the cheerleading squad, I am accepting the fact he/she will be involved in stunting and although precautions are taken and safety is taught first, there is an inherent risk of injury that comes with choosing to be involved in this activity. The cheer coaches will have the final and only decision-making input as to in what way each student will be involved with each stunt.

We understand that any activity that involves motion and height, including cheerleading, carries with it an inherent risk of injury or fatality. We agree to forever release and hold harmless Houston ISD, Lanier Middle School, and its employees and officials, including the cheerleading coaches, from any claim or liability relating to any injury, including death, which may be suffered during or as a result of trying out for or participation on this squad. We knowingly, freely, and voluntarily assume the risk that comes with participating in this tryout and in this sport.

I have read and discussed the rules and regulations for tryouts and the rules and regulations from the Cheerleading Handbook with my son/daughter. I understand the Cheerleading Handbook and agree to support these rules, regulations, and guidelines. I will assist and support my child in meeting all requirements in association with this organization.

Signature of parent/guardian

Print name of parent/guardian

Date

1st Parent email address (Please print)

2nd Parent email address (Please print)

(This email address is where we will send all cheer correspondence if your child makes the squad, so please give us an email address that you check often. Feel free to provide more than one address.)

Cheerleader pledge:

If selected as a cheerleader/mascot, I shall conduct myself in such a manner as to be a credit to the organization, school, and community at all times. I will know and abide by the Cheerleading/Mascot Handbook. I promise to uphold the traditions and will do everything in my power to promote Cheerleading/Mascot activities and interests. I will at all times be joyous, courageous, truthful, considerate, and just; loyal and sincere in friendship; too noble to speak ill of others; willing to forgive and forget; prompt and gracious in obedience; willing to sacrifice personal pleasures for the betterment of others; ready to do all possible service; quick to appreciate what is done for me; respectful to my parents, teachers, and elders, that I may be a fine and worthy student.

I have read, discussed, and understand the Cheerleading Handbook and agree to the rules and regulations for tryouts and the cheerleading organization. In addition, I will uphold the cheerleader pledge (printed above).

Signature of cheerleader/mascot candidate

Print of cheerleader/mascot candidate

Date

Lanier Cheerleading Contrato, 2017-2018

La siguiente es para ser leído, firmado y devuelto por todos los participantes que intentan salir de porristas y su padre (s):

Yo, _____ (nombre del padre impreso), como padre de _____ (nombre del estudiante impreso) he leído y entendido todos los requisitos que mi hijo debe cumplir antes de que él / ella puede tryout. Nosotros, los padres y el estudiante, también entendemos que si él / ella no cumple con todos los criterios que él / ella no será capaz de prueba.

También estamos de acuerdo que si él / ella hace el equipo y no es capaz de asistir al campamento de alegría obligatoria en su totalidad por cualquier razón, él / ella perderá el puesto en el equipo y todo el dinero pagado no será reembolsado. Entendemos que si la cantidad debida no está activada en el plazo establecido, mi hijo / hija va a perder el puesto en el equipo y todo el dinero pagado no será reembolsado.

Entendemos y estamos de acuerdo que si mi hijo hace el equipo, él / ella no se le permite hacer una prueba para o participar en el equipo de fútbol Lanier, Lanier equipo de voleibol, Lanier equipo de baloncesto, o en el juego UIL teatro Lanier debido al conflicto en los horarios de práctica / juego. Entendemos que el equipo de porristas Lanier es un equipo de cheer y acrobacias. Cada niño que está en el equipo será enseñado la forma correcta de base, volar y punto.

Al permitir a mi hijo a probar para el equipo de porristas, estoy aceptando el hecho de que él / ella va a estar implicado en el retraso del crecimiento y, aunque se toman las precauciones y seguridad se enseña en primer lugar, existe un riesgo inherente de lesión que viene con la elección de estar involucrado en esta actividad. Los coches de la alegría tendrán la entrada de la toma de decisiones final y sólo en cuanto a de qué manera cada estudiante estará involucrado con cada truco.

Entendemos que cualquier actividad que implique movimiento y la altura, incluyendo porristas, lleva consigo un riesgo inherente de lesión o muerte. Estamos de acuerdo en liberar para siempre y mantener indemne a Houston ISD, Escuela Media Lanier, y sus empleados y funcionarios, incluidos los entrenadores de porristas, de cualquier reclamo o responsabilidad relacionada con cualquier lesión, incluyendo la muerte, que pueda sufrir durante o como resultado de tratar a favor o en la participación en este equipo. A sabiendas, asumimos libremente y voluntariamente el riesgo que viene con la participación en esta prueba de audición y en este deporte.

He leído y discutido las reglas y regulaciones para las pruebas y las normas y reglamentos del Manual animar con mi hijo / hija. Yo entiendo el Manual de Cheerleading y de acuerdo en apoyar estas normas, reglamentos y directrices. Voy a ayudar y apoyar a mi hijo en el cumplimiento de todos los requisitos en asociación con esta organización.

Firma del padre / tutor

Nombre impreso del padre / tutor

Fecha

Primera dirección de correo electrónico

Dirección de correo electrónico segundo padre (letra de molde)

(Esta dirección de correo electrónico es donde vamos a enviar toda la correspondencia alegría si su hijo hace el equipo, así que por favor nos da una dirección de correo electrónico que compruebe a menudo. No dude en dar más de una dirección.)

Animadora promesa:

Si es seleccionado como animadora / mascota, voy a comportarme de una manera tal que sea un crédito para la organización, la escuela y la comunidad en todo momento. Voy a conocer y cumplir con el Manual Cheerleading / Mascot. Prometo mantener las tradiciones y haré todo en mi poder para promover las actividades e intereses Cheerleading / Mascot. en todo momento estaré alegre, valiente, veraz, considerado, y justo; leal y sincero en la amistad; demasiado noble para hablar mal de los demás; dispuesto a perdonar y olvidar; pronta y amable en la obediencia; dispuestos a sacrificar placeres personales para el mejoramiento de los demás; listo para hacer todo el servicio posible; rápida para apreciar lo que se hace para mí; respetuoso con mis padres, maestros y ancianos, para que pueda ser un buen estudiante y digno.

He leído, discutido y entiendo el Manual de Cheerleading y estoy de acuerdo con las reglas y regulaciones para las pruebas y la organización de porristas. Además, voy a mantener la prenda animador (impreso arriba).

Firma de la animadora / candidato mascota de impresión de animador / mascota del candidato

Fecha