



# Lovett Elementary School

## Love It at Lovett

Health & Wellness Warriors

JANUARY 2021

Lovett Nurse:  
sschaffe@houstonisd.org

### COVID TESTING

The Lovett nurse can now test symptomatic students who get sick at Lovett.

Parents must sign a consent and be present for the rapid test to be performed.

**The school nurse will contact you if your child becomes ill at school with any Covid-type symptoms.**

This is not a PCR test, so follow-up with your health care provider will still be required.

### COVID SYMPTOMS IN PARENTS

Parents should not send their child(ren) to school if the parents are home ill, experiencing Covid-like symptoms. It is imperative that the student quarantine at home until such time as the parent receives a negative Covid test. A copy of the negative Covid test should be provided to the school nurse.

If a student or parent is awaiting Covid test results, please do not send the student to school until the test results are received.

These measures are in place to protect our Lovett community. Please contact the school nurse with any questions.

### NOTIFICATION OF COVID AT LOVETT

If a presumed or confirmed case of Covid presents at Lovett, the principal will send an email notification to the entire Lovett Community.

The nurse will then contact those individuals that meet the isolation/quarantine criteria with an initial phone contact and follow-up communication. Nurse will notify those involved of approved return dates.

### TALKING TO KIDS ABOUT COVID

Kids need age-appropriate information to overcome stress and anxiety during this pandemic. Resources can be found at:

[CDC.gov/coronavirus](https://www.cdc.gov/coronavirus)  
[AACAP.org](https://www.aacap.org)  
[Childmind.org](https://www.childmind.org) [kidshealth.org](https://www.kidshealth.org)

### ISOLATION vs QUARANTINE

Confirmed Covid Positive with symptoms – self isolate for 10 days after symptom onset.

Confirmed Covid Positive without symptoms- self isolate for 10 days after day of testing

Presumed Covid Positive – self isolate for 10 days after day of symptom onset

Exposed to a Confirmed or Presumed Case – quarantine for 10 days. May return early if case is found not to be positive or other criteria are met.

**If parents are home ill and student is unable to quarantine from the parent, the student 10 day quarantine starts after the parent has completed their 10 day quarantine**