



October

Stevens Elementary School



Mrs. Christten's
COUNSELOR'S
CORNER
NEWSLETTER

Tips for Parenting at Home During a Pandemic:

- Answer Questions about the pandemic simply and honestly.
- Recognize your child's feelings.
- Keep in touch with loved ones.
- Model how to manage feelings.
- Tell your child before you leave the house.
- Offer extra hugs and say "I love you" more often.

Important Dates

OPEN HOUSE-OCT.1ST

***Session 1- 5:30-6:15**

***Session 2- 6:15-7:00**

Oct.10th- Mental Health Awareness Day

OCT.19TH- FACE TO FACE INSTRUCTION BEGINS

Oct.23rd-31st- Red Ribbon Week

IMPORTANT INFO

***Need to contact Mrs. Christten?
Click the link below:***

<https://forms.office.com/Pages/ResponsePage.aspx?id=Zpnr9TaTM0uIlZmCQIsT7VBDq20z1bhLn1fYaIzVJi5UQkVLVE5DUU9ZOFhNQ085NUEySIZZSUdKTy4u>

