



FOOD & AGRICULTURE LITERACY CENTER AT MYKAWA FARM

We believe it's important to go beyond the plate. We want students to learn about the importance of nutritious food and living a healthy lifestyle. We want them to feel empowered by their food choices and the impact they have — not just on themselves, but on their families and communities.

We focus on these principals at the Food and Agriculture Literacy Center at Mykawa Farm — a working educational farm that integrates nutrition and food science with core curriculum to provide students with hands-on learning experiences.

Mykawa aims to provide students with a foundational knowledge of food and where it comes from by giving them the opportunity to plant and grow a garden, harvest and prepare produce, and share the bounty. The program does this through a special emphasis on science, technology, engineering, arts, agriculture, and math — sometimes referred to as STEAAM subjects.



Elementary school students will learn science, math, nutrition and culinary skills through the Junior Master Gardener's Learn, Grow, Eat & Go program.



Middle school students will learn about nutrition through Texas A&M AgriLife Extension's Healthy Teens, Healthy Future program in conjunction with our aquaponics and garden program.



High school students will participate in a vegetable production class, helping them learn about pursuing food-related careers and providing them access to entrepreneurship opportunities.

Virtual programming is slated to begin in February 2021, with hands-on farming experiences, culinary demonstrations, and various food literacy programming to follow when public health conditions improve and pandemic-related restrictions can be lifted.

What can you expect in the future? In the coming years, we hope the farm will grow — no pun intended — into an destination for both educational field trips for students and garden workshops and farmer's markets for the general public.

Visit HoustonISD.org/mykawafarm to find out more about the farm and how you can support the project.