

HISD PRESS RELEASE

HISD offering free summer meals at more than 190 schools

No paperwork, registration, or proof of income required to participate

June 8, 2022 – The Houston Independent School District is formally kicking off its Summer Meal Program on June 13 at more than 190 schools, where breakfast and lunch will be served for free to children ages one to 18.


Children do not need to be enrolled in summer school to participate in the program, and no paperwork, registration, or proof of income is required. Adults may purchase breakfast for \$2.75 and lunch for \$4.25.


Specific serving times vary by campus. Meals will be served at most campuses Mondays through Thursdays from June 13 to July 7, though some campuses are extending the program until later in July. Parents are encouraged to call the school or Nutrition Services to confirm serving times.


All HISD meals are nutritionally balanced to ensure children receive the vitamins and nutrients needed to maintain a healthy diet. Last summer, HISD Nutrition Services served more than 2.1 million meals to Houston-area children.

If you have questions about the Free Summer Meals Program, contact HISD's Nutrition Services Department at 713-491-5944. A list of all participating schools can be found [here](#).

The Houston Independent School District is the largest school district in Texas and the eighth-largest in the United States, with 276 schools and nearly 197,000 students. The 333-square-mile district is one of the largest employers in the Houston metropolitan area, with more than 27,000 employees.

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HOUSTON INDEPENDENT SCHOOL DISTRICT