Counselor's News
December 2022

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Upcoming Events
- Monthly Counseling Topic: Conflict Resolution & Peer Mediation
- Dec. 16th Coffee with the Principal

HISD Magnet Programs
- Applications: Phase 1 Dec 14th - Feb 2nd
- School Counselor will be available the following days & times if parents need assistance:
  Dec 19th & 20th
  7:30 am-9:00 am
  3:15 pm-4:00 pm

Character Trait:
Trustworthiness includes honesty, reliability, punctuality, & loyalty

Children need to learn the consequences of being honest. When your child is deciding to be honest or not, encourage him or her to stop and THINK and ask him or her if the words are: True, Honest, Inspiring, Nice or Kind. Here are a few ways you can help your child value honesty and choose to be honest:

- Model being honest with your child. By being honest with your child at an age appropriate level, you will show him or her that you value and practice honesty.
- When your child does say something that is dishonest, work together to determine the consequence of that dishonesty and how being honest would have changed the outcome of the situation.

Parenting Tips:
Making Memories

- Include your child in housework. Children love to be helpers, and it's a great way to get them ready for chores!
- Make a family calendar, to teach children about days of the week, important holidays, [family birthdays, and organizational skills.]
- It is easier to give your child your full attention if you are not distracted.
- Take time to be outside. Being in nature can help relieve stress and improve health for every member of the family.
- Eat meals together.
- Kids grow up fast. Remember to enjoy all the moments.

-Strong Texas Families
2022 Parenting Tips Calendar