



Houston ISD
Cross Country Schedule
Fall 2023
(Update 5/24/2023)



DATE	EVENT	LOCATION	LEVEL	TIME
Saturday September 30, 2023	HISD Middle School Invitational	North Forest High School	7 th & 8 th Grade Girls & Boys	9:00 a.m.
Saturday October 7, 2023	HISD High School District Meet	North Forest High School	FR, JV, Varsity Girls & Boys	9:00 a.m.
Saturday October 14, 2023	HISD Middle School District Meet	North Forest High School	7 th & 8 th Grade Girls & Boys	9:00 a.m.
Saturday October 14, 2023	District Certification Deadline			
Monday or Tuesday October 23-24, 2023	Regional Meet	Sam Houston State Kate Barr Ross Park Huntsville, TX	Varsity	TBA
Friday & Saturday Nov. 3-4, 2023	State Meet	Old Settlers Park Round Rock, TX	Varsity	TBA

NOTE: Schedule dates and times are subject to change due to the weather.