You will get to know the Counselor.
You will complete a "Get to Know Me" student activity.
You will complete a student assessment.
You will learn about Courage and School Pride.

1. You are sad.
2. You are angry.
3. You are scared.
4. You need help solving problems.
5. You need help making good choices.

Character Traits: What does this mean to you?

**Courage:** To Choose What is Good, Right, and Kind even when it is hard or scary.

**School Pride:** A feeling of strong connection to the school or being proud to represent the school and the values it stands for.

**I Will Help You When:**

- You are sad.
- You are angry.
- You are scared.
- You need help solving problems.
- You need help making good choices.

**What is happening in September?**

- You will get to know the Counselor.
- You will complete a "Get to Know Me" student activity.
- You will complete a student assessment.
- You will learn about Courage and School Pride.

SEL Quote: “YOU ARE BRAVER, SMARTER, AND STRONGER THAN YOU THINK YOU ARE”